



“Ride Like the Wind” 2023 Annual Photography Contest,  
by Kai Wiedman

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## Turn at the Front

It feels like we turned a corner in February. The mornings are not as dark for as long, the days not always as cold. The LDT Rides, spearheaded by our illustrious Ride Chair, Guy Shuman, are in full force; the chances of rain cancellations diminish with each week as surely as the length and elevation of those rides increase. Not a new beginning, but a renewal. We slough off our winter shells and get back in the saddle with earnest.

And as we move through the month, we are focusing in earnest on the Sequoia Century event. The Sequoia is our way of giving back to the local cyclist community, showcasing the natural beauty of our local biking area that we're fortunate to have and enjoy, and supporting several worthy local charities.

The Board, the Sequoia Committee, and our great volunteers are ramping up their efforts across many fronts. It's a formidable endeavor to put on such an event: from route planning and permitting through to Route Arrow placement and removal, there are literally hundreds of people involved in making the Sequoia a success.

While we already have over 100 volunteers filling various roles, we still need about 100 more to step up and help. These tasks run the gamut: in addition to the above, there are continuing efforts in marketing to and recruiting riders, coordinating with the community, helping with rider check-in, SAG and safety, running logistics across the various sites, working the rest stops, taking pictures, helping to direct parking, and more.

# SPRING FORWARD

## ON MARCH 10, 2024

Some of the areas where we specifically need more volunteers are: SAG (driving in your own vehicle), parking attendants, and route marking and removal. I urge you to consider signing up.

Just go to our [Volunteer Page](#) (which you can also get there from the WWBC [Home Page](#) and click “Volunteer Here”), and select the task or group where you can help out. Even if you want to ride the Sequoia, you can offer assistance with some of the tasks that take place before or after the event. Volunteers not only get the satisfaction of putting on a great event, you also receive a free pair of bike socks! And, as if socks were somehow and inexplicably not sufficient an incentive, the very next weekend there’s a special Volunteer Picnic with a pre-picnic ride.

I hope to see many of you at the Sequoia, either as volunteers, riders, or both.



*Jon Penn, Club President, writes the monthly ‘Turn at the Front’ column. You can follow him on [Strava](#), but better if you just join him on rides.*

## WWBC Spring Picnic Sunday April 28

### Spring is nature’s way of saying, ‘Let’s Party!’

Come and enjoy great company and delicious food at the Western Wheelers' annual Spring Picnic at [Cuesta Park](#) in Mountain View! The party will begin at 1 pm in the large group picnic area off Cuesta Drive (opposite Nilda Avenue).

In the Western Wheeler’s tradition, we will have good eats, as well as delicious cookies and

**SUNDAY JUNE 2**  
 Foothill College  
 Los Altos Hills, CA  
 6 to 8 am start

**4 ROUTES**  
 100 mi / 9521 ft  
 72 mi / 8030 ft  
 62 mi / 6391 ft  
 38 mi / 2403 ft

*Challengingly Beautiful!*

westernwheelers.org/sequoia

**THE SEQUOIA 2024**  
 A Fundraising Cycling Event Supporting Bicycling Orgs & Coastside Communities:  
 Puente de la Costa Sur, La Honda Volunteer Fire Brigade, Abundant Grace Coastside Worker



bottomless refreshments. There will also be pre-picnic rides to work up an appetite and start the party. Registration and more details coming soon.

**Volunteers ROCK!** Can you help with setup, cleanup or during the picnic? If so, please email the [events team](#).

## BIG WHEELS 2024

President: [Jon Penn](#)  
 Secretary: [Gloria Kreitman](#)  
 Treasurer: [Mike Rissi](#)  
 Chief Editor: [Peggy George](#)  
 Event Chair: [Jean Symons](#)  
 Membership: [Vern Tucker](#) (408) 730-2548  
 1350 Fisherhawk Dr  
 Sunnyvale, CA 94087-3451  
 Ride Chair: [Guy Shuman](#)  
 Sequoia Chair: [Committee](#)  
 Webmaster: [David Schorow](#)  
 At Large Board Members:  
[Brian Kaplan](#)  
 Jenny Warila  
[Fran Williams](#)

Training/Skills Coordinator: [Bill Sherwin](#)

Advocacy Chair: [John Langbein](#)  
 (650) 365-9462

Historian: Dick Blaine (650) 282-5304

[League of American Bicyclists](#)  
 Rep: [Alan Wachtel](#) (650) 494-1750

Statistician: [Tony Vecchiet](#)

Ride Coordinators:  
 -Fall Fun Series (FFS)  
[Bill Sherwin](#)  
 -Long Distance Training (LDT)  
[Guy Shuman](#) (650) 704-0895

\*Social Network Editor: [Ken Lee](#)  
**Position available-contact Ken\***

Travel Case Custodian: [Hal Nystrom](#)  
 (408) 718-2153

Use [add a ride](#) to post your ride to the club.  
 Email list [Moderator](#): Guy Shuman



## Club Calendar March 2024

13 Wed Board Meeting in Menlo Park at RT  
 20 Tues *Flat Tyre* Deadline for Apr. Issue

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the *FLAT TYRE*, please send to [Editors@westernwheelers.org](mailto:Editors@westernwheelers.org)

## DRAFT February 2024 Western Wheelers Bicycle Meeting Minutes

(Pending Board approval)

-Submitted by Gloria Kreitman, WWBC Secretary

**Date:** Thursday, February 15, 2024

**Time:** Social: 4:30 pm; Meeting: 5:00 pm

**Location:** Zoom

### Call to Order at 5:07 pm

**Present:** Peggy George, Brian Kaplan, Gloria Kreitman, Jon Penn, Mike Rissi, David Schorow, Guy Shuman, Jean Symons, Vern Tucker, Jenny Warila and Fran Williams

**Absent:** Vito Mazzarino

**Guest:** Russ Hull

### Standing Items

- Date of next meeting—March 13, 2023
- Location of next meeting—Round Table Pizza, 1225 El Camino Real, Menlo Park
- Food Wrangler: Peggy George

- Approve the previous minutes—the November 2023 and January 2024 minutes were unanimously approved

### **New Business and Area Lead Updates:**

- **Jon—Voting privileges for committee jointly serving as the Sequoia Chair.** Jon reviewed the club bylaws and reported on the rules for voting by the members of the Sequoia Committee who were approved in 2023 to jointly hold the Sequoia Chair office. According to the club bylaws, the joint officers are treated as a single director and have only one vote on matters submitted to the Board. If the joint officers attending a meeting cannot agree upon their one vote, their one vote is void. The board agreed that only Vito and Russ if they are present at the meeting will have a vote as the Sequoia Chair since they hold no other board office. The other joint officers of the Sequoia Committee will only vote in their existing board capacity (Brian and Jenny as At-Large Members and Gloria as Secretary).
- **Gloria, Jenny, Brian, Russ, Vito—Sequoia Committee report.** Planning and roll out of the Sequoia is going well.
  - Gloria reported that the club has 372 registrations which is more than any prior year at this point. The breakdown of registrations by course is as follows: 49% for the Century (100 mile) course, 25% for the Metric Century (62 mile) course, 17% for the 72 mile course, and 9% for the new 38 mile course. We may see registration growth rates slow over time since preferred lowest pricing and refund guarantees to drive early sign ups will be ending. Thirty percent of the current registrants donated an additional \$25 to benefit the coastside charities. We received a good response to the first call for club members to sign up as Sequoia volunteers. Currently ~45% of the volunteer slots have been filled. These highly critical slots still need to be filled: Pescadero Rest Stop Captain, Route Marking & Removal, Medical Professionals (Special Qualifications Required), SAG (Vehicle Required), Ham Radio Operators (Ham License Required), Parking Attendants (5:00 AM Start Time).
  - Jenny provided an overview of the various marketing activities including bike shop poster distribution, referral program, social media posts, co-marketing with other bicycle clubs, and email marketing that are underway to build awareness and drive registrations. Club emails to past riders and word of mouth referrals from club members to friends have been most successful.
  - Russ reported on the Sequoia budget and the planning activities for the Foothill College Start and Finish including a proposal for the catered meal at the finish.
  - Brian reviewed the routes and discussed revisions to the 100 mile course to avoid the roadwork section on Higgins Canyon Road. Construction to repair the slip-out from 2023 is temporarily on hold due to wet weather conditions. Construction is expected to resume in March/April depending on weather conditions. Three of the five full Sequoia rest stops are fully staffed with volunteers. Another stop has



been added in Pescadero for the 100 mile course riders.

- **Jon—Training and Skills:** Jon reviewed a training proposal from Bill Sherwin, WWBC Training and Skills Coordinator, based on survey results from 62 club members in December. The board voted to continue this valuable program in 2024 with Saavy Bikes and to subsidize a portion of the training costs for club members. The approved training plan offers 2 sessions each of Skills 101—Fundamental Bike Handling and Skills 201—Climbing and Descending, and 1 session of Skills 301—Pacelines and Group Riding.
- **Area Lead Updates**
  - **Mike—Treasurer:** Mike reviewed the financial report for this period and reported that our 2024 insurance payment was made at the beginning of February. Most of the activity this month is from Sequoia income and expenses.
  - **Guy—Ride Chair:** Club rides are continuing through the winter months. One LDT ride was cancelled and 3-4 rides had some rain. Attendance is low due to the wet weather.
  - **Jean—Event Chair:** Jean presented an idea for the giveaway at this year’s holiday party. She is also working on the Shoup Park permit for the Ice Cream Social event.
  - **Peggy—Flat Tyre Editor:** Peggy reviewed highlights of the February Flat Tyre and proposed updates were discussed.
  - **Vern—Membership Chair:** Vern reported that we had 7 new members join since January 10, which brings the total number of members to 918.

- **David—Webmaster:** David reported on a busy month for the web. He updated the photo carousel on the home page of our site with newer images and completed a number of other maintenance updates. He was able to resolve some issues with adding a ride from gmail addresses. Our archive website was converted to https to improve security. David also reviewed the archives for expired memberships and contacted some individuals who are active in club activities.

There were no other updates by Board members.

The meeting adjourned at 6:40 pm.



*Board minutes submitted by Gloria Kreitman, Club Secretary*

## Welcome New Members February 2024

Please welcome the following new members:

Brad Bini	Campbell
Patrick Farry	Santa Clara
Lonni Goldman	Monte Sereno
Dawn Hartsock	Seaside
Howard Kim	Burlingame
David Wessel	Sunnyvale

*New members reported by  
Vern Tucker, Club Membership Chair*

## WWBC Budget for 2023 & 2024

	Actual 2023	Budget 2023	Budget 2024
<b>INCOME</b>	\$58,313	\$113,100	\$90,100
Donations	\$25,359	\$100	\$100
Interest	\$4,211	\$3,000	\$3,000
Membership Dues	\$26,125	\$29,800	\$27,000
Merchandise Sales	\$0	\$200	\$0
Sequoia Income	\$2,618	\$80,000	\$60,000
<b>EXPENSES</b>	\$60,798	\$115,750	\$87,250
Board Meetings	\$938	\$900	\$1,000
Charitable Contributions	\$5,100	\$9,000	\$7,500
Club Meetings	\$0	\$1,000	\$0
Database Management	\$4,651	\$4,650	\$0
Dues Paid	\$125	\$200	\$150
Flat Tyre	\$0	\$200	\$200
Gifts & Awards	\$843	\$2,500	\$2,500
Insurance	\$8,585	\$8,500	\$9,000
Membership Support	\$3,730	\$4,000	\$2,000
Merchandise Exp	\$0	\$100	\$0
Overhead	\$599	\$500	\$500
Picnics-Parties	\$11,654	\$15,000	\$13,000
Rides	\$451	\$1,000	\$1,000
Sequoia Expense	\$23,723	\$68,000	\$50,000
Taxes	\$399	\$200	\$400
<b>Net Income/(Loss)</b>	-\$2,485	-\$2,650	\$2,850

## WWBC Blood Donation Drive

Monday, April 1, 2024.



You can make a difference by donating, and we've made it easier than ever to make donations a habit—schedule your donation every two months on a Western Wheelers' Monday!

Three locations available, all have bicycle parking available:

### Stanford Blood Center Menlo Park

445 Burgess Drive.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

### Stanford Blood Center Mountain View

515 South Dr Suite #2.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

### Stanford Blood Center South Bay in Campbell

295 Hamilton Ave.

Hours: 10:30 a.m.–7:30 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Note: Stanford has a 24-hour **vigorous** exercise restriction following blood donation, feel free to ride to/from your donation if it's an easy spin.

*coordinated by Cathy Switzer*



“The Seascapes LDT February 2024”  
photo credit: Carina Rossner

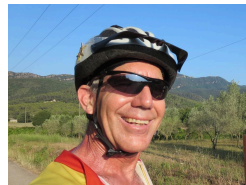
## LDT Corner

March brings some LDT favorites to the schedule, as well as our first weekend trip! Our first March excursion is the **Petaluma** ride, moved up in the schedule from its former April slot. This ride traverses some lovely rolling countryside north of the Golden Gate. The **Marin Headlands** ride follows, always a favorite with the gorgeous climb of the headlands and scenic Golden Gate Bridge, starting from the historic Presidio.

The **Healdsburg Weekend** on 3/15 - 3/17 is our first “away” weekend of 2024. The Healdsburg rides visit some great remote wine country. We’ve added a modest Friday afternoon ride to all the “2-Day Weekend” trips, making them essentially “3-Day Weekends”. On Saturday B/C- riders do an “out-n-back“ route that starts in Healdsburg, simplifying logistics and allowing for easy bail out options. C+/D/E riders challenge the whole remote Geyserville Road Loop. Most riders gather Saturday for a pre-dinner Wine and Cheese get together followed by dinner at local restaurants in smaller groups. Check the online ride schedule for details/registration.

**Berkeley Hills** follows on 3/23, which is one of our hilliest rides. But most of the hills are not particularly steep and when the weather is clear the San Francisco Bay views are fabulous! The final weekend of March will take us south to **Pacific Grove** on 3/29 – 3/31, one of our most scenic and popular weekends! The Friday afternoon ride begins near Watsonville and explores the area around Elkhorn Slough National Reserve, then on Saturday we traverse lovely 17 Mile Drive and beyond. Sunday takes us to the backcountry of Fort Ord National Monument.

**Note that we ask riders to “register” for the 2-3 day weekend rides, even if just coming for the day.** Registration is free and easy - just go to the **Saturday ride listing** on the online ride schedule and click on the “Register” button.



Guy Shuman  
LDT Coordinator  
[shumansteiner@gmail.com](mailto:shumansteiner@gmail.com) or  
650-704-0895 Cell

### 2024 SCHEDULE: (subject to change)

Details for each ride: [Ride Schedule](#).

2-Mar	Petaluma
9-Mar	Marin Headlands
<b>16-Mar</b>	<b>Healdsburg (2-3 day)</b>
23-Mar	Berkeley Hills
<b>30-Mar</b>	<b>Pacific Grove (2-3 day)</b>
6-Apr	Mountain Charlie
13-Apr	RAIN MAKEUP DATE
<b>20-Apr</b>	<b>Paso Robles (2-3 day)</b>
27-Apr	Skyline
<b>4-May</b>	<b>Cazadero (2-3 day)</b>
11-May	Mt. Diablo
18-May	Mt. Tamalpais
27-May	Mt. Hamilton ( <b>Mon. - Memorial Day</b> )

# Western Wheelers

## Ride Information

**DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:**

**PACE/HILLINESS (total climbing if known) /DISTANCE**

**PACE (A-F):** Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

**HILLINESS (0–5):** Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

**AVERAGE SPEEDS:** The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
Average OLH Time						
A	10	9	8	NA	NA	NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

**CHOOSING YOUR RIDE:** The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

**RIDE RATING EXAMPLES:** "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph. "E/4!(9700)/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

**WEATHER CONSIDERATIONS:** Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

**RECOMMENDED EQUIPMENT:** Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, cellphone, "layered" clothing, etc. Bright clothing recommended and helmets required.

**COMMON LOCATIONS – Please check ride listings for other locations**

**GUNN HIGH SCHOOL** in Palo Alto. Use the main entrance on Arastradero Rd. just east of Foothill Expressway. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

**BURGESS PARK** in Menlo Park. Meet in the parking lot south of Rec Ctr off of Alma near Burgess Dr.

**GRANT PARK** in Los Altos. Meet in parking lot 1575 Holt Ave

**LOS PRADOS PARK** in Foster City

**McKENZIE PARK** in Los Altos. Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

**SEAL POINT PARK** in San Mateo by the parking lot and bridge

**SHOUP PARK** in Los Altos, on University Ave. near Main Street, off Foothill.

**WESTMOOR SHOPPING CENTER** in Sunnyvale, corner of Fremont and Mary

**IMPORTANT**

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 bikes are not allowed.





## March 2024 Weekly and Repeating Club Rides

### *Every Monday*

#### **A/0/15 SOCIALLY PACED MONDAY MORNING**

**COFFEE RIDE** If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

#### **C/1/24 MONDAY MORNING MOCHA MOOCH**

Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

**BCD/2/47 JAVA JIVE FROM SAN MATEO.** The Monday morning ride for bicyclists who live in the northern cities of the

Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

**DE/1/26 JAVA JIVE DOUBLE EXPRESSO** Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. Couple of sprint locations (bragging rights only, no medals!), no sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. [Route/RWGPS file](#).

### **Every Monday starting 3/4/24**

**B/1/30 ORACLE TO SFO.** This weekly Monday evening ride will start at Oracle and ride 30 miles (round trip) either north or south. North would be to SFO and south would be to the Dumbarton Bridge. Minimal cars mostly on paved trails, very little gravel, B level flat ride. Expected return time is about 7:00-7:30 pm so riders will need front and rear lights. Meet **Kendra Bronstein** ([kendrabronstein@aol.com](mailto:kendrabronstein@aol.com), 650-245-1080) at 3:45 pm for a 4:00 start at Oracle (100 Oracle Parkway, Redwood City - meet by restrooms by bike trail) . Group will stay together so no route sheet is needed. Contact the leader with any questions.

### *Every Tuesday through Saturday*

**BC/0/23 SEAL POINT/REDWOOD SHORES** Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

### *Every Tuesday*

**CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE** Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained

here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leaders: [Howard Koel \(650-302-1053\)](#) and [Hal Nystrom](#). GPS Files: [Tuesday Loop GPS Files](#)

***Every Wednesday***

**C+D and DE/3-4/35-70 HILLS R US** Meet at 8:45 AM for a 9:00 AM start. Two groups roll out and split along the way. Route varies weekly and often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Start Location, route, lunch stop (or lack thereof), weather forecast and leaders announced 1-2 days beforehand via the [HRU Blog](#). Rain cancels. Ride Leaders rotate weekly [Don Johann](#), [Shawnery Hardin](#), [Jack Jones](#) and [Steve Rempel](#).

***Every Friday***

**B/2/30-50 FRIDAY B RIDE** Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

***The first Sunday of every month***

**BCD/2-3/19-32 SINGLE CYCLISTS RIDES** If you are single and want to mingle... join us for a fun social ride with a lunch stop. We will have at least two different ride options for different skill/speed groups. All rides will begin and end at the same location, the Burgess Park parking lot next to Alma/train line. Please arrive before 10:00 and be ready to roll by 10:15. Both ride options will stop for lunch at Ladera then return to Burgess afterwards. Pack a snack and water for the ride and either bring lunch or plan on buying some. Leader: [Carina Rossner](#) (650-285-3475)

***The second Sunday of every month***

**B/2/24 2ND SUNDAY – JEFFERSON LOOP** Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. Leader: [Mike Jenkins](#) (408-239-6131). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

**C/2/27 2ND SUNDAY RWC CROSS** Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. **Leader:** [Howard Koel \(650-302-1053\)](#). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

***The third Sunday of every month***

**C-/0.5 (600')/33 LOVELY BAY GRAVEL RIDE** Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:15 AM for a 9:30 departure at Burgess Park. We will meet at the parking lot at Alma St and Burgess Dr. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

***The fourth Sunday of every month***

**B/2.5/25 4th SUNDAY - SARATOGA.** Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

**C/3/35 4th SUNDAY - LOS GATOS.** Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroup, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15 am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride](#).

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*Attention Club members! Are you planning a tour? Completed a tour? Send your story or tour plan announcement to the Flat Tyre for publication.*  
[editors@westernwheelers.org](mailto:editors@westernwheelers.org)

Any Western Wheelers club member can propose a ride by using the online Ride Listing Assistant on the [Ride Leaders Resources page](#) or by sending a ride description containing complete details to:

[addride@westernwheelers.org](mailto:addride@westernwheelers.org)

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

Learn about [becoming a member](#)

