



“Beauty Found On The Lost Coast” 1st Place Winner,  
2023 Annual Photography Contest, by Matt Ruhland

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## Turn at the Front

*Jon Penn, President*

There were basically two reactions to people learning I was running for the Board President of Western Wheelers: “Thank you for doing that!” and “Why would you do that?”

Western Wheelers is a unique bicycle club. When I was looking for a club to join, WW was clearly different from the others: rides almost every day, and all those different levels meant I didn’t have to worry about getting dropped by a fast group. Joining the rides, I quickly experienced the friendship, goodwill, and welcoming spirit that embodies the Wheelers. No other group I’ve found is like this, and we all should appreciate that fact. I’m extremely happy to be a member, so serving my ‘Turn At The Front’ is just my way of giving back.

I don’t have an agenda to institute any major changes. The club and board are running great. I view my most important task as President as keeping things going and not screwing that up.

Well, actually, I do have a hidden agenda. The position of Board President gives me visibility *outside* the club, and I’d like to use that to promote bicycle safety and advocate for safer roads. This was a big motivator for me when I decided to do this back in September, and it’s an even bigger issue for me today.

Most of you are aware of the recent cycling fatality of one of our members, Peter Grace. It’s a horrible tragedy. Peter was a special person and a real personality. He absolutely basked in the camaraderie

that cycling offers. This came out every time we were at a rest stop or when someone had a flat tire or mechanical problem. He'd bike with a backpack filled with various sized tubes, tires, and other parts; most of these didn't even fit his bike, they were for others who might need them in an emergency. Peter was eager to help people and offer advice. Not in that arrogant biker-bro way we sometimes see – we all know that type! He was also the most safety-conscious rider I knew, and that just brings home how unfortunate it is that cycling can sometimes be a dangerous hobby. I hope to work not just with our Board and club members, but with other clubs, and various municipalities to improve road safety for all of us.

So let's all enjoy each other's company and have fun. But for Pete's sake, let's be safe out there.



*Jon Penn, Club President, writes the monthly Turn at the Front column. You can follow him on [Strava](#) but better if you just join him on rides.*

## Welcome New Members December 2023

Please welcome the following new members to the Western Wheelers:

Tilson Bertie Ansell	Palo Alto
Greg Davis	Mountain View
Victor Rodionoff	San Francisco
Steven Schonhaut	Fremont
Mark TenBrink	San Jose

*New members reported by  
Vern Tucker, Club Membership Chair*



“Solitary Highland Lass” 2nd Place Winner, 2023 Annual Photography Contest, by Wasi Wahid

## 2024 Long Distance Training (LDT) Rides Information

The 2024 Long Distance Training (LDT) series begins on Sat., Jan 6<sup>th</sup>. The series is a set of 21 weekly rides that include some of the most scenic and car-free destinations in our area, most within an hour's drive of Palo Alto. The rides generally increase in length and difficulty to help riders train for longer distance rides later in the year, but also are a great way for all members to sample the great rides that the Bay Area and Northern California offer! The series includes climbs of the three highest Bay Area peaks (Mt. Diablo, Mt. Tamalpais, and Mt. Hamilton) in May. The drives to Healdsburg, Pacific Grove, Paso Robles and Cazadero are farther (2 to 4 hours) and most riders plan for a 1-2 night stay. **On the multi-day weekends we will always have a modest Friday afternoon ride that starts late enough to skip the worst of the morning commute traffic.**

The LDT rides are for all levels of riders and each offers B, C, D, and E routes. We especially encourage B and C riders to come out and explore the beautiful areas we visit during the series! The large C group is separated into “C-“ and “C+” groups. The C- group is

a social paced ride with frequent regroup (riders in this group should be able to maintain a modest C pace). The C+ group has fewer/shorter regroup and also accommodates those who wish to ride the C route at their own pace (faster or slower).

Destinations for 2024 include 2-3 day weekends in scenic Healdsburg, Pacific Grove, Paso Robles, and Cazadero. For detailed information about accommodations/logistics for these weekends please see the online ride schedule (Saturday ride).

#### Notes for 2024:

**We have a single group start time format, with a quick safety/logistics update followed by each group departing. At the start of the season all rides meet at 9:45 for a prompt 10:00 ride start. (Later in the season we start earlier due to length/difficulty of rides.)**

**ROUTE SHEETS will be available at start, but it always helps if you print your own at home!**

**Make sure you “SIGN IN” at the start!**

**Updated LDT news/weather/lodging information will be posted on the “wwbc-RIDES” club email list. We’ll also post a weekly pre-ride introduction and safety message.** You can subscribe to the email list or visit the list site to get updated. Full information on subscription options can be found at the club web site under the [EMAIL LISTS](#) menu item.

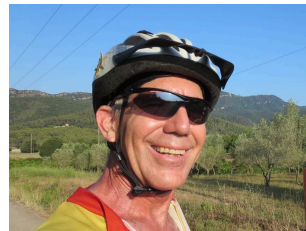
**The latest and most accurate ride information can always be found on the [Ride Schedule](#).**

**REGISTRATION:** Please REGISTER on the web site for our "2-3 day weekend" rides (Healdsburg, Pacific Grove, Paso Robles, and Cazadero), so we can plan better. To register just go to the SATURDAY ride description on the online ride schedule and click the REGISTER button. Registration is free and easy!

**Only registered participants will receive detailed logistics updates.**

**ROUTE SHEETS/MAPS/GPS INFO:** Visit [LDT route sheets](#) for Maps and GPS files to review or download to your GPS device. Note! Wait until the week of the ride to print or download as routes are occasionally altered.

#### Contact for additional information:



Guy Shuman  
LDT Coordinator  
[shumansteiner@gmail.com](mailto:shumansteiner@gmail.com)  
or 650-704-0895 Cell)

### 2024 SCHEDULE: (subject to change due to weather)

Details for each ride: [Ride Schedule](#).

6-Jan	Shoreline
13-Jan	Saratoga
20-Jan	Pulgas Water Temple
27-Jan	Morgan Hill
3-Feb	Seascape
10-Feb	Livermore
17-Feb	Calaveras
24-Feb	Hollister Hills
2-Mar	Petaluma
9-Mar	Marin Headlands
<b>16-Mar</b>	<b>Healdsburg (2-3 day)</b>
23-Mar	Berkeley Hills
<b>30-Mar</b>	<b>Pacific Grove (2-3 day)</b>
6-Apr	Mountain Charlie
13-Apr	RAIN MAKEUP DATE
<b>20-Apr</b>	<b>Paso Robles (2-3 day)</b>
27-Apr	Skyline
<b>4-May</b>	<b>Cazadero (2-3 day)</b>
11-May	Mt. Diablo
18-May	Mt. Tamalpais
27-May	Mt. Hamilton ( <b>Mon. - Memorial Day</b> )



## BIG WHEELS 2024

President: [Jon Penn](#)  
 Secretary: [Gloria Kreitman](#)  
 Treasurer: [Mike Rissi](#) (650) 851-2925  
 Chief Editor: [Peggy George](#)  
 Event Chair: [Jean Symons](#)  
 Membership: [Vern Tucker](#) (408) 730-2548  
 1350 Fisherhawk Dr  
 Sunnyvale, CA  
 94087-3451

Ride Chair: [Guy Shuman](#)  
 Sequoia Chair: [Committee](#)  
 Webmaster: [David Schorow](#)

At Large Board Members:

[Brian Kaplan](#)  
 Jenny Warila  
[Fran Williams](#)

Training/Skills Coordinator: [Bill Sherwin](#)

Advocacy Chair: [John Langbein](#) (650) 365-9462  
 Historian: Dick Blaine (408) 257-6410  
[League of American Bicyclists](#) Rep: [Alan Wachtel](#) (650) 494-1750  
 Statistician: [Tony Vecchiet](#)

Ride Coordinators:

Fall Fun Series (FFS)

[Bill Sherwin](#)

Long Distance Training (LDT)

[Guy Shuman](#) (650) 704-0895

R&R [Randall Braun](#) (415) 265-4663

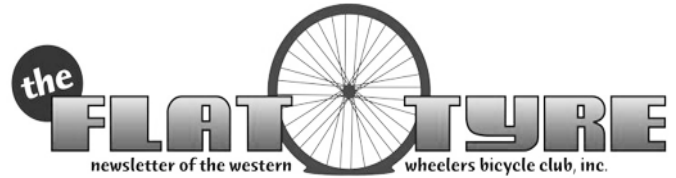
Club Jersey Sales: Christine Fawcett  
 (650) 949-4993

Social Network Editor: [Ken Lee](#)

Travel Case Custodian: [Hal Nystrom](#)  
 (408) 718-2153

Use [add a ride](#) to post your ride to the club.

Email list [Moderator](#): Guy Shuman



## Club Calendar January 2024

10 Wed Board Meeting  
 17 Wed [Bike Repair Workshop](#)  
 20 Sat *Flat Tyre* Deadline for Feb. Issue

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the *FLAT TYRE*, please send to [Editors@westernwheelers.org](mailto:Editors@westernwheelers.org)

## DRAFT December 2023 Western Wheelers Bicycle Club General Meeting Minutes

(Pending Board approval)

-Submitted by Gloria Kreitman, WWBC Secretary

**Date:** Sunday, December 10, 2023

**Time:** Cocktails/Social: 5:30 pm Dinner 6:30 pm

General meeting: 7:30 pm

**Location:** Michael's at Shoreline, 2960 N Shoreline Blvd, Mountain View

After checking in at the front desk, attendees picked up a pair of bike socks as their gift.

### Call to Order at 7:38 pm

David welcomed everyone to the Holiday social and general meeting, and thanked Jean, Fran and all of the volunteers for organizing the party.

### 2023 Board of Directors Announced.

David introduced the new Board members for 2024.

President: Jon Penn, Secretary: Gloria Kreitman, Treasurer: Mike Rissi, Flat Tyre Editor: Peggy

George, Ride Chair: Guy Shuman, Events Chair: Jean Symons, Webmaster: David Schorow, Membership: Vern Tucker, Sequoia Chair: the Sequoia Steering Committee, and Members at Large: Brian Kaplan, Jenny Warila, and Fran Williams. Because there were no contested positions this year, an election was not held. A motion was made to approve the incoming Board and the motion passed.

**Appreciation for departing members:** David thanked Randall Braun, Vito Mazzarino, and Cathy Switzer for their service on the WWBC board. David also thanked Eric Greer for being the club Statistician for 15 years and Tony Vecchiet for taking on the role in 2024.

### **Lefkowitz Award – Silicon Valley Bicycle**

**Coalition:** The Lefkowitz Award is given for achievements in the broad cycling community. For the first time the award was granted to an organization instead of an individual. David made the presentation and Tim Oey, SVBC Co-Founder and Staff Member accepted on behalf of the Silicon Valley Bicycle Coalition.

**Thank you to our ride leaders.** Guy Shuman thanked everyone who led a ride in 2023, and encouraged all who had not yet led a ride to give it a try. Guy recognized the top ride leaders for 2023 and those who have led the most number of rides in their lifetime.

**Appreciation Awards.** Three appreciation awards were given this year:

- **Mike Jenkins:** Guy Shuman presented an appreciation award to Mike Jenkins for his many contributions to the club as a Ride Leader.
- **Rosemary Gill:** Gloria Kreitman presented an appreciation award to Rosemary Gill for

creating and leading rides that cater to the specific needs of B-level cyclists

- **Randall Braun:** David Schorow presented an appreciation award and lifetime club membership to Randall Braun for his leadership as Sequoia Chair for the past 8 years

**President’s Award – Jon Blum:** David presented the President’s Award to Jon Blum for his many contributions to the club as well as his advocacy for safe bicycling in the community

**2023 Photo Contest Winners.** Vicki Pelton and Ron Dell’Aquila announced the winners of this year’s photo contest.

First Place Winner:

“Beauty Found on the Lost Coast” by Matt Ruhland

Second Place Winner:

“Solitary Highland Lass” by Wasi Wahid

Third Place Winner:

“Bike to Work Day - The Scenic Route” by Eric Hanson

Committee’s Choice Winner:

“Hand Picked” by Linda Vanderhule

**Closing Comments.** David thanked everyone for attending the event. Mindy thanked David for his service as WWBC President for the last five years.

The meeting adjourned at 8:28 pm.



*Board minutes submitted by Gloria Kreitman, Club Secretary*

**Attention Club members! Are you planning a tour? Completed a tour? Send your story or tour plan announcement to the Flat Tyre for publication.**

[editors@westernwheelers.org](mailto:editors@westernwheelers.org)



## 2023 Award Recipients



Mike Jenkins accepting an appreciation award from Guy Shuman.(above) (photo credit: Cathy Switzer)

Jon Blum accepting the President's Award from David Schorow. (center right) (photo credit: Cathy Switzer)

Randall Braun accepting an appreciation award from David Schorow. (below) (photo credit: Mona Schorow)



Tim Oey accepted the Lefkowitz Award on behalf of the SVBC. (above) (photo credit: Mona Schorow)



Ron dell'Aquila and Vicki Pelton present the Annual Bicycling Photography Contest Winners.(bottom right) (photo credit: Cathy Switzer)





## Holiday Party 2023



## Lefkowitz Award Presentation



”We were honored when David Schorow, president of the Western Wheelers Bicycle Club, presented SVBC with its prestigious annual [Lefkowitz Award](#). In presenting the award to SVBC Executive Director Clarrissa Cabansagan, David noted that the award, founded in 1989 by Western Wheeler member and strong bicycle advocate Ben Lefkowitz, each year recognizes service by an individual or organization which has benefitted cycling in the Bay Area. He also provided a donation in support of SVBC’s work, included as part of the award. *Thank you, Western Wheelers!*”

*From the Silicon Valley Bicycle Coalition website. Outgoing Club President David Schorow presented the award at the SVBC Holiday Party in December 2023.*

## WWBC Blood Donation Drive

Monday, February 5, 2024.



Every two seconds, someone in the country requires blood, meaning blood donation directly impacts our community, saving lives and providing crucial support to those in need. That also means that by the time you finish reading this article, at least 35 people have needed blood.

A small percentage of all hospitalized patients (one in seven) receive blood transfusions. Leading users can include patients with cancer, heart disease, gastrointestinal disease, fractures and trauma, anemia, bone and joint abnormalities, organ transplants, and lung, liver and kidney disease.

You can make a difference by donating, and we've made it easier than ever to make donations a habit—schedule your donation every two months on a Western Wheelers' Monday!

Three locations available, all have bicycle parking available:

### Stanford Blood Center Menlo Park,

445 Burgess Drive.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

### Stanford Blood Center Mountain View,

515 South Dr Suite #2.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Stanford Blood Center South Bay in Campbell,  
295 Hamilton Ave.

Hours: 10:30 a.m.–7:30 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Note: Stanford has a 24-hour **vigorous** exercise restriction following blood donation, feel free to ride to/from your donation if it's an easy spin.

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## Bike Repair and Maintenance Workshop at Summit Bikes in Palo Alto

Join us on Wednesday, January 17th, 2024 at Summit Bicycles in Palo Alto for an in-person bike maintenance training seminar 6-7pm. We will explore a couple of popular topics for Western Wheelers:

- tubeless setup and maintenance,
- chain wear and why it's important to monitor,
- disc brakes adjustments, and
- other questions/topics suggested by folks who attend.

If you find that you need to stock up on supplies, store manager Nick Wells has kindly offered a 15% discount to us during the event.

Summit is at 392 California Avenue, Palo Alto. After the session, we will wander down the street to Mediterranean Wraps for dinner after the session. So bike talk, bike discounts, and bike socializing - what else could you ask for?

Questions to Carina Rossner at 650-285-3475 or Nick Wells at Summit 650-304-0035.



# Western Wheelers

## Ride Information

**DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:**

**PACE/HILLINESS (total climbing if known) /DISTANCE**

**PACE (A-F):** Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

**HILLINESS (0–5):** Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

**AVERAGE SPEEDS:** The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
	Average OLH Time					
A	10	9	8	NA	NA	NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

**CHOOSING YOUR RIDE:** The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

**RIDE RATING EXAMPLES:** "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph. "E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

**WEATHER CONSIDERATIONS:** Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

**RECOMMENDED EQUIPMENT:** Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone change or cellphone, "layered" clothing, etc. Bright clothing recommended.

**COMMON LOCATIONS – Please check ride listings for other locations**

**GUNN HIGH SCHOOL** The main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

**McKENZIE PARK** Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

**BURGESS PARK** (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on the Alma side unless otherwise specified.

**PEERS PARK** in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

**SHOUP PARK** is in Los Altos, on University Ave. near Main Street, off Foothill.

**SUNNYVALE COMMUNITY CENTER** is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

**IMPORTANT**

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 bikes are not allowed.



## January 2024 Weekly and Repeating Club Rides

### *Every Monday*

#### **A/0/15 SOCIALLY PACED MONDAY MORNING**

**COFFEE RIDE** If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

**C/1/24 MONDAY MORNING MOCHA MOOCH** Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route

sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

**BCD/2/47 JAVA JIVE FROM SAN MATEO.** The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

**DE/1/26 JAVA JIVE DOUBLE EXPRESSO** Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. Couple of sprint locations (bragging rights only, no medals!), no sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. [Route/RWGPS file](#).

### *Every Tuesday through Saturday*

**BC/0/23 SEAL POINT/REDWOOD SHORES** Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

### *Every Tuesday*

**CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE** Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive,



between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Check ride calendar for leader information. GPS Files: [Tuesday Loop GPS Files](#)

### *Every Wednesday*

**C+D and DE/3-4/35-70 HILLS R US** Meet at 8:45 AM for a 9:00 AM start. Two groups roll out and split along the way. Route varies weekly and often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Start Location, route, lunch stop (or lack thereof), weather forecast and leaders announced 1-2 days beforehand via the [HRU Blog](#). Rain cancels. Ride Leaders rotate weekly [Don Johann](#), [Shawnerly Hardin](#), [Jack Jones](#) and [Steve Rempel](#).

### *Every Friday*

**B/2/30-50 FRIDAY B RIDE** Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

### *The first Sunday of every month*

**BCD/2-3/19-32 SINGLE CYCLISTS RIDES** If you are single and want to mingle... join us for a fun social ride with a lunch stop. We will have at least two different ride options for different skill/speed groups. All rides will begin and end at the same location, the Burgess Park parking lot next to Alma/train line. Please arrive before 10:00 and be ready to roll by 10:15. Both ride options will stop for lunch at Ladera then return to Burgess afterwards. Pack a snack and water for the ride and either bring lunch or plan on buying some. Leader: [Carina Rossner](#) (650-285-3475)

### *The second Sunday of every month*

**B/2/24 2ND SUNDAY – JEFFERSON LOOP** Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15

departure. Estimated return 2-2:30pm. **Leader:** [Mike Jenkins](#) (408-239-6131). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

**C/2/27 2ND SUNDAY RWC CROSS** Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. **Leader:** [Howard Koel](#) (650-302-1053). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

### *The third Sunday of every month*

**C-/0.5 (600')/33 LOVELY BAY GRAVEL RIDE** Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:15 AM for a 9:30 departure at Burgess Park. We will meet at the parking lot at Alma St and Burgess Dr. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

### *The fourth Sunday of every month*

**B/2.5/25 4th SUNDAY - SARATOGA.** Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

**C/3/35 4th SUNDAY - LOS GATOS.** Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroup, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15 am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride](#).

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Any Western Wheelers club member can propose a ride by using the online Ride Listing Assistant on the [Ride Leaders Resources page](#) or by sending a ride description containing complete details to:

[addride@westernwheelers.org](mailto:addride@westernwheelers.org)

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

Learn about [becoming a member](#)

