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Annual Meeting and Holiday Party!

Sunday December 11, 2022

5:30pm cocktails / 6:30pm dinner

7:30pm annual meeting & awards presentation

\$40 per member / \$50 per guest

The annual club meeting begins directly after dinner and is open to all members. The meeting includes the annual awards and results of the photo contest.

Michael's at Shoreline

2960 N Shoreline Blvd, Mountain View
Pre-registration required (Sorry, no walk-ins)

Please **Register** by Friday, December 2

A Turn at the Front

Thankful for my Western Wheeler Friends

David Schorow, President

One of the benefits of being President these past four years has been the opportunity to connect with so many people in the club. When I first became active in the Western Wheelers after retiring in 2017, I'd typically see just a few people I knew on a club ride. Now on most rides I know nearly everyone and enjoy making the rounds to chat with them. Connecting with people and playing a part in this community was a major factor in my decision to continue as President for a fifth year.

I was reminded about the joy of friendships within our club the other day when I was on a ride chatting with a long-time member who recently graduated to an ebike. She mentioned how important it was to her to not only continue riding, but to continue riding at a pace that lets her hang out with her Western Wheeler buddies. Much of her social life revolves around Western Wheeler members so the ebike enables that continued engagement. Her comments mirror the sentiments expressed by many other riders who have moved to ebikes.

While I may have a few years before I graduate to an ebike, her comment about her social life being intertwined with Western Wheelers struck home. The club community is a big part of my life as I believe it is for many other members. While I continue to enjoy time with nonclub friends, I spend much of my social time with people in our club. Every ride is an opportunity to chat and joke with friends and every club social event is a big party with good friends. Like many other members, Mona and I have developed close friendships with people we've gotten to know through the club.

So, in the spirit of the holiday season, I want to express my gratitude to all Western Wheeler members who comprise this wonderful community that enriches my and other members' lives. I wish you Happy Holidays. I look forward to spending more time with all of you in 2023 and beyond.

Happy Holidays to All of the Western Wheelers Family

The 2022 Western Wheelers Holiday Photo Contest Voting is Open.

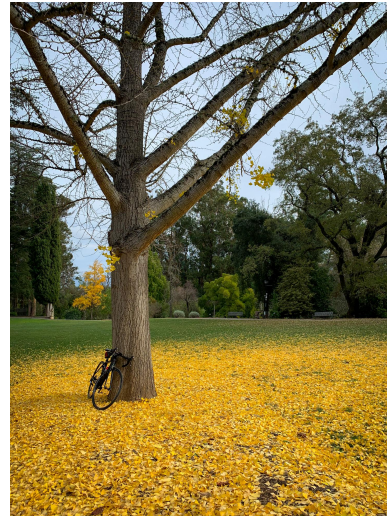
The entries are in, it is time to vote for your favorite photo.

[Click here](#) to view all 2022 Photos and vote. Use password WW2022

Polls are open until 11 pm, December 6, 2022.

- You have only one vote to cast.
- Vote by clicking on the star located under your favorite photograph. Once the gold star is clicked, there's nothing more to do (there is no Submit button.)
- To change your vote, click the 'X' located to the left of the filled-in star.
- Click upon the photo to expand the image.
- To see the titles of the photos, click the information (i) button.
- To leave your praise, click on an image, then tap the comment button located on the lower right corner.
- You can only vote for one image. If another vote is placed, the previous one will be removed.

Vicki Pelton & Ron Dell'Aquila



December Safety Tip - Beware of Debris and Wet Leaves

*Whoever invented
the bicycle
deserves the thanks
of humanity.*

**~ Lord Charles
Beresford**

This is my annual safety tip warning of the dangers during this time of year due to wet conditions or debris on the road.

While we tend not to ride on days when it is raining, we often ride shortly afterwards. During this season, there are frequent areas with wet leaves on the ground that are SLIPPERY. In 2018, a club member broke her hip after taking a fall caused by sliding out while running over a clump of wet leaves.

Stormy conditions also cause sticks and other debris to fall on the road, much of it ending up in the bike lanes. In the past few years, we've had incidents where we sadly lost two club members after fatal encounters with an errant stick in the bike lane going into their front wheel.

After a rainy or windy day or while riding through damp conditions, **be especially careful around wet leaves and keep a sharp eye out for dangerous sticks or other debris on the road.**

Note: The Safety Tips are published on the [Western Wheelers website](#) under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.



David Schorow, Club President, writes the monthly Turn at the Front column and Safety Tip located this month on page 9.

(top photo credit: Wasi Wahid, "Happy Holidays" 2020 Annual WWBC Photo Contest Entry)

(left photo credit: Kai Wiedman, "I Want to Ride with the Western Wheelers" 2020 Annual WWBC Photo Contest Entry)

BIG WHEELS 2022

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Secretary@westernwheelers.org

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shumansteiner@gmail.com

Event Chair: Fran Williams

events@westernwheelers.org

Sequoia Chair: Randall Braun (415) 265-4663

SequoiaChair@westernwheelers.org

Webmaster: Vito Mazzarino

Webmaster@westernwheelers.org

At Large Board Members:

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Cathy Switzer cbsbikes@mac.com

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john_langbein@yahoo.com

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Historian: Dick Blaine (408) 257-6410

Ride Coordinators:

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shumansteiner@gmail.com

R&R Randall Braun (415) 265-4663

rgbraun@earthlink.net

Fall Fun Series Bill Sherwin

wbsherwin@gmail.com

To add a ride: addride@westernwheelers.org

Email List: Guy Shuman

listowner@westernwheelers.org

Club Jersey Sales: Christine Fawcett

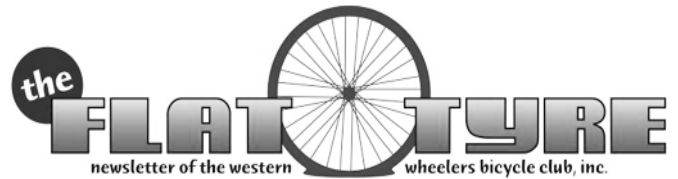
(650) 949-4993

Social Network Editor: Ken Lee

ken3le@gmail.com

Travel Case Custodian: VACANT

Have space to store? Contact any Board member to volunteer for this position.



Club Calendar December 2022

11	Sun	Annual Member Meeting and Social
20	Tue	<i>Flat Tyre</i> Deadline

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the *FLAT TYRE*, please send to Editors@westernwheelers.org

October* 2022 Board Meeting Minutes

(Pending Board approval)

*Please note that the October 2022 Board Meeting was rescheduled to and held on November 2, 2022.

-Submitted by Patty Koel, Club Secretary and Peggy George, Flat Tyre Editor

Date: Wednesday, November 2, 2022

Time: Social: 6:30 pm; Meeting: 7:00 pm

Location: Mountain View Community Center

Call to Order at 7:01 pm

Present: David Schorow, Randall Braun, Peggy George, Mike Rissi, Bill Sherwin, Cathy Switzer, Jean Symons, Fran Williams, Vern Tucker **Zoom:** Vito Mazzarino, Guy Shuman, Patty Koel

Standing Items

- Date of next Board meeting—November 30, 2022. Social: 5:30 pm; Meeting: 6:00 pm
- Location of next Board meeting—Zoom
- Date of next General meeting—December 11, 2022 6:00 pm
- Location on next General meeting—Michael's at Shoreline, 2960 N Shoreline Blvd, Mountain View

- Date of first 2023 Board meeting—January 11, 2023. Social: 6:30 pm; Meeting: 7:00 pm.
- Location of first 2023 Board meeting — Willow Room, Mountain View Community Center, 201 S. Rengstorff Avenue
- The September 2022 Board meeting minutes were unanimously approved.

New Business and Area Lead Updates:

- **David—Meeting Schedule.** It was determined that the Board would meet one more time this year on November 30. The new Board will meet January 11, 2023 in person.
- **David—Appreciation awards and Lefkowitz Award.** The Board reviewed the nominations it received for Appreciation Awards and the Lefkowitz award. There were multiple well qualified nominees for the awards and the Board had to narrow down the field. After discussion, the Board chose the winners and form of awards that would be presented at the Holiday Party.
- **Peggy—Flat Tyre Editor.** No updates
- **Guy—Ride Chair.** Guy informed us that the summer evening weekday rides are finished for the season and that beginning November 3 virtual Zwift rides will be led by Aaron Solomon. The new Single Cyclists Rides and Pizza Party initiated by Carina Rosner has been successful and is continuing as an official regular and repeating ride on the first Sunday of every month. A new Paso Robles/Solvang week-long ride is planned for next year, Oct 13-20, 2023, which is the Friday after the Oktoberfest on October 8. The LDT schedule for 2023 has also been planned around the Spring Picnic, which will be on April 30. Guy offered to make the reservations at Cuesta Park for the Spring Picnic and the Oktoberfest and Fran agreed.
- **Randall—Sequoia.** Randall has been holding planning meetings with an advisory group for The Sequoia 2023, which will be held on June 4th and will start and end at Foothill College. Three routes will again be offered and all routes will go to the coast. The maximum number of riders will be increased in 2023 perhaps up to 1,000 compared to a cap of 750 in 2022. Five rest stops will be offered: San Gregorio Store, the top of King's Mountain Road, a to-be-determined location in Portola Valley, the Loma Mar Store, and the Bike Hut. The Woodside rest stop from last year will be eliminated. The 2023 Sequoia Jersey will not be included this year in the price of the ride, but will be sold separately. Pricing for the jersey is still under discussion. David asked whether there would be pricing discounts for early registrations next year. Vito's analysis suggested that discounts for early registration may not have been effective in increasing registration numbers in the past. But, his analysis appeared to show that opening Sequoia registration earlier does positively affect registration numbers. As a result next year registration is planned to open early in January, but we may not offer discounts for early registration. Food price inflation is likely to keep 2023 Sequoia registration prices about the same as 2022, even without the jersey. The need for volunteers for the 2023 Sequoia has increased up to 225, due in part to offering 5 rest stops instead of 4 rest stops from last year.
- **Fran—Events.** The Board also briefly discussed the upcoming Holiday Party at Michaels on December 11. Fran reviewed the costs of the party noting that the per person costs, not including wine and giveaways, increased by 25%. The venue holds a maximum of 160 people and there will be 16 tables of 10 persons. A motion was passed to charge \$40 for members and \$50 for guests. The Board also discussed and decided upon the Holiday Party giveaway.
- **Vern—Membership.** Our membership total is at 1042, with 16 new members joining since September. Vern has been sending emails to those whose membership is overdue and lapsed, and only received 4 responses. Discussion began about the Wild Apricot categories of membership of archive and lapsed, but was tabled for a future meeting.
- **Mike—Financials.** Mike presented and briefly renewed our financial statement as of October 31, 2022. We have been using our cash reserves faster this year than originally forecast. Anticipated loss for 2022 is now around \$18,000 or \$19,000, versus the approximately \$8,000 loss that was originally forecast. The updated forecast loss for

2022 includes our anticipated share of the cost of the Holiday Party. Also, now that interest rates are increasing, Mike has started investing some of our cash reserves in CDs to generate a small amount of income.

- **Vito—Website.** Vito is making sure that emails about club events are only being received by active club members. Updates are being made to the website with respect to candidates for our upcoming 2023 Board election. There was a brief discussion around how to make the website clearly show that all positions are open for new candidates in the Board election, even if incumbents are candidates again. Vito is also doing some advance planning to make sure that the website is ready for Sequoia registration early in 2023.
- **Bill—Training and Skills.** Bill offered to continue in his role coordinating Skills Training in 2023, and the Board unanimously agreed that he should continue in his role, even though he will not be on the Board next year. Bill offered to do a survey of skills training needs for next year.
- **Cathy—WWBC Logo update.** Cathy briefly referred to a plan to update our new logo. Cathy and Vito will work together to update the logo on our website, and to coordinate the website update to coincide with the time of our Holiday Party, at which our giveaway will also display our new club logo. The possibility of updating our banner with the new logo in time for the Holiday Party was also mentioned.
- **David—Election Update.** David announced that he was willing to be a candidate for President again next year. The Board members were very pleased. November 25 is the deadline for candidates, and David will send out another email. The election will open on November 27 and will close at 9 pm on December 10, which is the day before the Holiday Party.

The next meeting was set for November 30 on Zoom with an earlier start time than usual. The social hour will start at 5:30 pm and the meeting will start at 6 pm.

There were no other updates by Board members.

The meeting adjourned at 9:12 pm.



*Board minutes were submitted by
Patty Koel, Western Wheelers Club
Secretary*

Welcome New Members *November 2022*

Please welcome the following new members to the Western Wheelers:

Craig Boyle	Los Altos
Rupesh Kapoor	Palo Alto
Matthew Marting	Mountain View
Jeff Tantsura	Palo Alto
Karin Snycerski	San Jose
Tony Vecchiet	Los Altos
Kevin George	San Jose
Brian Davis	Saratoga



*New members were reported
by Vern Tucker, Western Wheelers Club
Membership Chair*

2023 Board of Directors Candidates Announced

The nominations for the 2023 Board of Directors are now closed. We have members nominated for all positions and there are no contested positions! See the web page [2023 Board of Directors Election Candidates](#) for more information about the members who have volunteered to serve on the board next year.

President: **David Schorow**

Secretary: **Gloria Kreitman**

Treasurer: **Mike Rissi**

Ride Chair: **Guy Shuman**

Events Chair: **Jean Symons**

Membership Chair: **Vern Tucker**

Sequoia Chair: **Randall Braun**

Flat Tyre Chief Editor: **Peggy George**

Webmaster: **Vito Mazzarino**

Members at Large (3 positions): **Brian Kaplan, Cathy Switzer, Fran Williams**



Thanks go to these members for committing their time and effort to make our club successful. Our club would not be able to function without volunteers like these stepping up to help run our organization.

Since there are no contested position, we will not run an online election. At the general meeting/holiday party on Sunday, December 11, we will ask the assembled members to approve the new board.

Sincerely,
David Schorow, President



*Above the Clouds, by Aaron Solomon
Third Prize, 2021 Annual WWBC Photo Contest*

2023 Long Distance Training (LDT) Rides Information

The 2023 Long Distance Training (LDT) series begins on Sat., Jan. 7th. The series is a set of 21 weekly rides that include some of the most scenic and car-free destinations in our area, most within an hour's drive of Palo Alto. The rides generally increase in length and difficulty to help riders train for longer distance rides later in the year, but also are a great way for all members to sample the great rides that the Bay Area and Northern California offer! The series includes climbs of the three highest Bay Area peaks (Mt. Diablo, Mt. Tamalpais, and Mt. Hamilton) in May. The drives to Healdsburg, Pacific Grove, Placerville and Cazadero are further (2 to 4 hours) and most riders plan for a 1-2 night stay. **On the multi-day weekends we will always have a modest Friday afternoon ride that starts late enough to skip the worst of the morning commute traffic.**

The LDT rides are for all levels of riders and each offers B, C, D, and E routes. We especially encourage B and C riders to come out and explore the beautiful areas we visit during the series! The large C group is separated into "C-" and "C+" groups. The C- group is a social paced ride with frequent regroupings (riders in this group should be able to maintain a modest C pace). The C+ group has fewer/shorter regroupings and also accommodates those who wish to ride the C route at their own pace (faster or slower).

Destinations for 2023 include 2-3 day weekends in scenic Healdsburg, Pacific Grove, Placerville, and Cazadero. For detailed information about accommodations/logistics for these weekends please see the online ride schedule (Saturday ride).

Notes for 2023:

We have a single group start time, with a quick safety/logistics update followed by each group departing. At the start of the season all rides meet at 9:45 for a prompt 10:00 ride start. (Later in the season we start earlier due to length/difficulty of rides.)

ROUTE SHEETS will be available at start, but it always helps if you print your own at home!

Make sure you **"SIGN IN"** at the start!

Updated LDT news/weather/lodging information will be posted on the "wwbc-RIDES" club email list. We'll also post a weekly pre-ride introduction and safety message. You can subscribe to the email list or visit the list site to get updated. Full information on subscription options can be found at the club web site under the [EMAIL LISTS](#) menu item.

The latest and most accurate ride information can always be found on the [WebSite Ride Schedule](#).

- **REGISTRATION:** Please REGISTER on the web site for our "2-3 day weekend" rides (Healdsburg, Pacific Grove, Placerville, and Cazadero), so we can plan better. To register just go to the SATURDAY ride description on the online ride schedule and click on the REGISTER button. Registration is free and easy! **Only registered participants will receive detailed logistics updates.**

- **ROUTE SHEETS/MAPS/GPS INFO:** There is a dedicated page on the website where you will find all the [LDT route sheets](#) for rides. This page also has links to Maps/GPS routes that you can examine or download to your GPS device. (Routes are sometimes altered before the ride, so please wait until the week of the ride to print your route sheet.)

Contact if you need additional information:

(shumansteiner@gmail.com or 650-704-0895 Cell)

2023 SCHEDULE:

Details for each ride: [Web Site Ride Schedule](#).

7-Jan	Shoreline
14-Jan	Saratoga
21-Jan	Pulgas Water Temple
28-Jan	Morgan Hill
4-Feb	Seascape
11-Feb	Livermore
18-Feb	Calaveras
25-Feb	Hollister Hills
4-Mar	Petaluma
11-Mar	Marin Headlands
18-Mar	Healdsburg (2-3 day)
25-Mar	Berkeley Hills
1-Apr	Pacific Grove (2-3 day)
8-Apr	Mountain Charlie
15-Apr	RAIN MAKEUP DATE
22-Apr	Placerville (2-3 day)
29-Apr	Skyline
6-May	Cazadero (2-3 day)
13-May	Mt. Diablo
20-May	Mt. Tamalpais
29-May	Mt. Hamilton (Monday - Memorial Day)



Guy Shuman is the Club Ride Chair Board Member and Long Distance Ride Series Coordinator (LDT)



Sky is the limit!, by Weih Liou

Second Place, 2021 WWBC Annual Photo Contest

Vintage Corner

The Annual Neil Young Tribute Ride in Woodside

Ride Leader Cindy Asrir noted that “We had a good turnout with sunny (if chilly!) weather.”



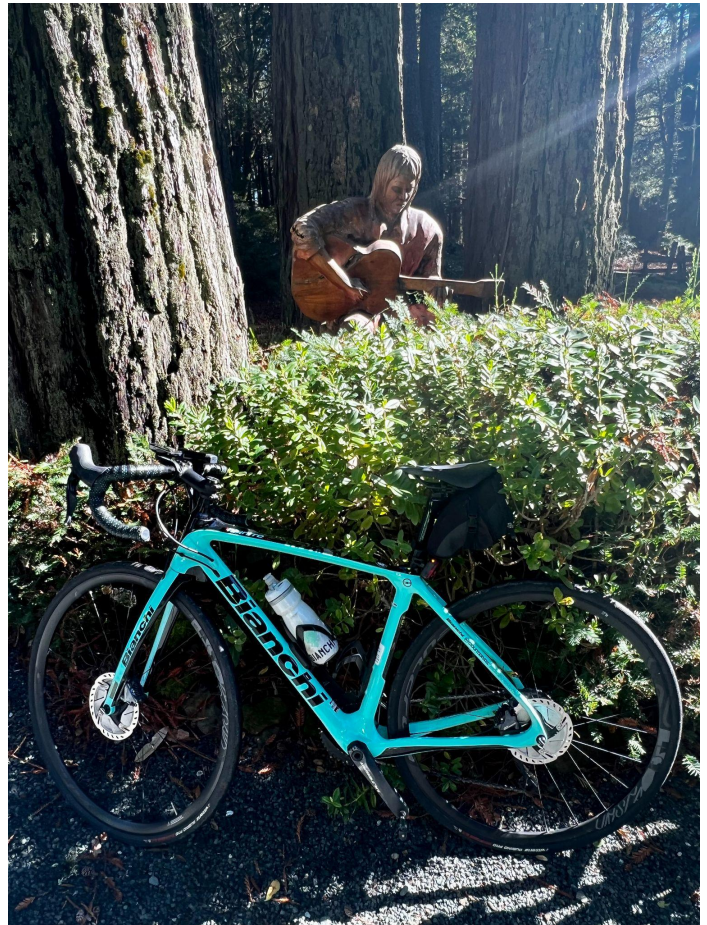
Stories and anecdotes were shared amongst riders and followed up on the club discussion portal.



For those who missed the ride and like to read trivia, you can find it [here](#). Originally written by original ride leader Frank Houghton, it has been recently updated by current ride leader Cindy Asrir.

Cindy has been leading the ride every year since 2014, except in 2020, when “we didn't do it because of COVID.” Frank co-led with Cindy from 2014-2019.

She also notes for fans that there is a new Neil Young documentary which is showing in theaters on Dec. 1 and 4 only. The film was shot in 1971 and is being released to celebrate the 50th anniversary of the "Harvest" album.



Attention Club members! Are you planning a tour? Completed a tour? Send your story or tour plan announcement to the Flat Tyre for publication.
editors@westernwheelers.org

Western Wheelers

Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0-5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
Average OLH Time						
A	10	9	8	NA	NA	NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph. "E/4!(9700)/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone change or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL The main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on the Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 bikes are not allowed.



December 2022 Weekly and Repeating Club Rides

Every Monday

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at

the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

DE/1/26 JAVA JIVE DOUBLE EXPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. Couple of sprint locations (bragging rights only, no medals!), no sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. [BO28 Java Jive Double Expresso](#)

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE.

Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leader: [Vern Tucker](#), home 408-730-2548, cell 408-893-6008. GPS Files: [Tuesday Loop GPS Files](#)

CD/1-2/15-20 TUESDAY/THURSDAY NIGHT ZWIFT RIDE. Join [Aaron Solomon](#) on Zwift to maintain and improve your riding fitness over these winter months. On Tuesdays and Thursdays, we will meet at 5:30 pm for a 5:45 pm roll-out.

Rides can be joined up to 30 minutes late. All levels are welcome to join. See online ride calendar for details on how to join. If you have questions about this ride please contact the leader directly, [Aaron Solomon](#).

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES. Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-70 HILLS R US. This is a social-paced D ride with regroups; C+/D+/E riders are welcome to form separate groups. Route varies weekly and often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Start Location, route, lunch stop (or lack thereof), weather forecast and leader(s) announced 1-2 days beforehand via the [HRU Blog](#). Download or print the route/cue sheet, Ride Leaders do not provide route sheets. Ride Leaders rotate weekly - Don Johann, Cathy Switzer, Jack Jones and Steve Rempel. Ride meets at 8:45 am for a 9:00 departure. Rain cancels.

Every Thursday

CD/1-2/15-20 TUESDAY/THURSDAY NIGHT ZWIFT RIDE. Join [Aaron Solomon](#) on Zwift to maintain and improve your riding fitness over these winter months. On Tuesdays and Thursdays, we will meet at 5:30 pm for a 5:45 pm roll-out. Rides can be joined up to 30 minutes late. All levels are welcome to join. See online ride calendar for details on how to join. If you have questions about this ride please contact the leader directly [Aaron Solomon](#).

Every Friday

B/2/30-50 FRIDAY B RIDE Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The first Sunday of every month

ABCD/0-2-3/16-22-26 SINGLE CYCLISTS RIDES AND PIZZA PARTY. If you are single and want to mingle... join us for a fun social ride followed by a pizza party at Burgess Park in Menlo Park. We will have at least three different ride options for different skill/speed groups. All rides will begin and end at the same location, the Burgess Park parking lot next to Alma/train line. Please arrive before 9 and be ready to roll by 9:15. Pack a snack and water for the ride. Pizza party to follow at the park (around noon.) Please bring about \$20 to cover drinks and food. Leader: [Carina Rossner](#) (650-285-3475)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroups. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. **Leader: [Mike Jenkins](#)** (408-239-6131) . Rain cancels. **Route sheets/Maps: [Route/GPS](#)**

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroups, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. **Leader: [Howard Koel](#)** (650-302-1053). Rain cancels. **Route sheets/Maps: [Route/GPS](#)**

The third Sunday of every month

C-/0.5 (500')/39 LOVELY BAY GRAVEL RIDE. Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:15 AM for a 9:30 departure at Burgess Park. We meet at the parking lot at Alma St and Burgess Dr. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

The fourth Sunday of every month

NOTE: Check online schedule for Christmas Day ride updates.

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) **or** **GPS:** [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroupings, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride.](#)

Learn about [becoming a member](#)

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Assistant on the Ride Leaders Resources page found [here](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

