

Inside This Edition

Western Wheeler Philanthropy- TATF
 Don't Be Isadora Duncan -Safety Tip
 November Club Calendar
 September Board Meeting Minutes
 Welcome October New Members
 2022 Annual Meeting & Holiday Party
 Bicycling Photography Contest
 Stanford Blood Drive - Join Club Members
 Updated Repeating Rides Schedule
 Napa LDT Trip Photos



"Family" submitted by Wasi Wahid 2021 Annual Photography Contest

A Turn at the Front

Western Wheeler Philanthropy

David Schorow, President

Western Wheelers has a tradition of proudly making donations to a variety of charities every year primarily out of proceeds raised by the Sequoia Century. These include charities serving the coastal community in which we ride and non-profit organizations promoting or helping the bicycling community. The club was even able to continue this tradition in 2020 when the Sequoia was canceled due to the COVID pandemic.

This year the club established a pool of \$11,430 to use for charitable donations. The funds for this pool came from three sources: Sequoia net proceeds, residual unused 2020 Sequoia registration fees, and donations in lieu of receiving a Sequoia jersey. Prior to this year's Sequoia, the board established that 75% of the net proceeds would go to charitable contributions with the remainder going back to the club. The residual 2020 Sequoia fees came from people who registered for the 2020 Sequoia, did not elect to have their fees refunded, and either donated their fee this year or did not use their credit for the 2021 or 2022 events even after repeated reminders. The last source of funds came from Sequoia registrants who declined to get a jersey by instead donating the cost to the charity fund.

Source of funds	Amount
Sequoia net proceeds 75%	\$2,295
Unused 2020 reg fees	\$4,020
Donated Jerseys	\$5,115
Club Donation Total	\$11,430

The board meeting topic on how to parcel out this pool to the various charities can be one of the most contentious topics the board faces. This year's discussion went fairly smoothly as the board agreed to follow precedents set in earlier years with a few modifications. The board agreed that two thirds of the total would go to coastal charities to support the people in the communities in which we ride and one third would go to various cycling related organizations.

The coastal charity allocation was split evenly between three organizations: [Puente](#) who supports the San Mateo County South Coast communities by promoting and advocating for equitable access to education, health, and economic security, [Abundant Grace Coastside Worker](#) serving the homeless and low income communities of Half Moon Bay, and the [La Honda Fire Brigade](#) who protect the lives, property, and environment within the community and surrounding areas from fires, disasters and emergency incidents. The board previously paid \$1,000 to Abundant Grace to be a Gold Level sponsor of the [Bike Hut Classic](#), prepaid from the Sequoia fund

raising, so the additional donation will be reduced by that amount.

The targeted cycling organizations fall into a few categories. There are the cycling advocacy organizations: [CABO](#) at the state level, [SVBC](#) at the San Mateo and Santa Clara Counties level, and [Walk Bike Cupertino](#) and [Great Streets Mountain View](#) at the local level. Then there are local organizations that restore donated bikes to give to disadvantaged people and provide other bicycling related services to the local community: [Community Cycles of CA](#), [SV Bike Exchange](#), and [Good Karma Bikes](#). We gave a little extra this year to Community Cycles of CA since they volunteered a mechanic to help support the Sequoia. Finally we contribute money to the Bike Hut as so many Western Wheelers stop there on rides.

Coastal Community Charities	Amount
Puente	\$2,540
La Honda Fire Brigade	\$2,540
Abundant Grace	\$2,540
Total Coastal	\$7,620

Bicycling Organization	Amount
SV Bike Coalition	\$1,000
Community Cycles of CA	\$710
SV Bike Exchange	\$700
Good Karma Bikes	\$600
CA Assoc. of Bicycle Orgs	\$400
Walk Bike Cupertino	\$100
Great Streets MV	\$100
The Bike Hut	\$200
Total Bike Orgs	\$3,810



“Wyoming Bike Shrine” 2021 Annual Photo Contest submission by Joe Martinka

November Safety Tip - Don't be Isadora Duncan

*You have no such accurate remembrance
of a country you have driven through
as you gain by riding a bicycle.*
~ Ernest Hemingway

With the changing season it is common to need an extra layer of clothing at the beginning of a ride and as the day warms to strip off the extra clothing. In the last few years we have had two riders get their jackets tangled in their back wheels. The first instance resulted in a frustrating hour of cleaning bits and pieces of clothing from the rear cassette but no crash. The second was much worse, resulting in a crash and broken leg! Make sure your gear is stowed safely with no chance of it getting into your wheel. Don't ride with a jacket tied around your waist. And when you stuff a jacket into a back jersey pocket, make sure it is completely contained and doesn't have a sleeve hanging down that can get caught in the rear wheel. So, **when taking layers off, store them safely and don't be like [Isadora Duncan](#).**

Note: The Safety Tips are published on the [Western Wheelers website](#) under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.

David Schorow, Club President, writes the monthly Turn at the Front column and Safety Tip.



BIG WHEELS 2022

President: David Schorow (408) 314-3769

President@westernwheelers.org

Secretary: Patty Koel

Secretary@westernwheelers.org

Treasurer: Mike Rissi (650) 851-2925

mrisi@sbcglobal.net

Chief Editor: Peggy George

peggyflute@gmail.com

Membership: Vern Tucker (408) 730-2548

VLTBIKE@yahoo.com

1350 Fisherhawk Dr Sunnyvale, CA 94087-3451

Ride Chair: Guy Shuman

shumansteiner@gmail.com

Event Chair: Fran Williams

events@westernwheelers.org

Sequoia Chair: Randall Braun (415) 265-4663

SequoiaChair@westernwheelers.org

Webmaster: Vito Mazzarino

Webmaster@westernwheelers.org

At Large Board Members:

Bill Sherwin wbsherwin@gmail.com

Cathy Switzer cbsbikes@mac.com

Jean Symons JSymonsWW@gmail.com

Advocacy Chair: John Langbein (650) 365-9462

john_langbein@yahoo.com

LAB Rep: Alan Wachtel (650) 494-1750

wachtel@aol.com

Statistician: Eric Greer (408) 257-5356

stats@westernwheelers.org

Historian: Dick Blaine (408) 257-6410

Ride Coordinators:

LDT Guy Shuman (650) 704-0895

shumansteiner@gmail.com

R&R Randall Braun (415) 265-4663

rgbraun@earthlink.net

Fall Fun Series Bill Sherwin

wbsherwin@gmail.com

To add a ride: addride@westernwheelers.org

Email List: Guy Shuman

listowner@westernwheelers.org

Club Jersey Sales: Christine Fawcett

(650) 949-4993

Social Network Editor: Ken Lee

ken3le@gmail.com

Travel Case Custodian: VACANT

Have space to store? Contact any Board member to volunteer for this position.



Club Calendar November 2022

02	Wed	Board Meeting
16	Wed	Stanford Blood Drive
20	Sun	Flat Tyre Deadline for December
27	Sun	Photo Contest Entry Deadline 11 PM
30	Wed	Board Meeting (if needed)

The **FLAT TYRE** is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. Submit articles for the **FLAT TYRE** by email to Editors@westernwheelers.org

September 2022 Board Meeting Minutes

(Pending Board approval)

Date: Wednesday, September 28, 2022

Time: Social: 6:30 pm; Meeting: 7:00 pm

Location: Zoom

Call to Order at 7:08 pm

Present: David Schorow, Patty Koel, Vern Tucker, Jean Symons, Vito Mazzarino, Bill Sherwin, Peggy George, Mike Rissi, Fran Williams, Guy Shuman and Randall Braun. **Absent:** Cathy Switzer

Standing Items

- Date of next Board meeting—November 2, 2022
- Location of next Board meeting—Willow Room, Mountain View Community Center, 201 S. Rengstorff Avenue
- Food Wrangler—Peggy George
- The August 2022 Board meeting minutes were unanimously approved

New Business and Area Lead Updates:

(continues on next page)

- **David—Meeting Schedule.** After a brief discussion it was determined that our Board meeting schedule for the remainder of the year would be November 2, and, if needed, November 30. On December 11 our annual general meeting will be held at our Holiday party.
- **David—Election planning, Appreciation awards and Lefkowitz Award.** David reviewed our current Board member candidate list for 2023. At the time of the meeting, there appears to be no candidate committed to running for the position of President or Secretary. Jean Symons intends to run for Events Chair, and Fran Williams intends to run for Member at Large. All other Board members intend to run as incumbents. The deadline for any candidate to be included on the ballot is November 25. David will send an email to solicit nominations for Appreciation awards and the Lefkowitz award around the third or fourth week of October.
- **David and All—Apportioning Charitable Donations.** To frame our discussion, David presented our previous years' history of donations to coastal charities, and bicycling organizations from Sequoia net proceeds. Mike presented that the total amount we have available for donations this year is \$11,430. Two thirds of that will be allocated among our Coastal Charities and one third to Bicycling organizations. The specific donation amount are as follows:
 - \$2,540 Puente
 - \$2,540 La Honda Fire Brigade
 - \$2,540 Abundant Grace (Note \$1,000 already paid, net \$1,540 to pay now)
 - \$7,620 Coastal Charities**
 - \$1,000 SV Bike Coalition
 - \$ 700 SV Bike Exchange
 - \$ 600 Good Karma Bikes
 - \$ 400 CA Assoc. of Bicycle Orgs.
 - \$ 100 Walk Bike Cupertino
 - \$ 100 Great Streets Mountain View
 - \$ 710 Community Cycles of CA
 - \$ 200 The Bike Hut
 - \$3,810 Bike Organizations**
 - \$11,430 CLUB DONATION TOTAL**
- **Peggy—COVID Language on Website and in Flat Tyre.** The Board briefly reviewed the COVID warnings that we have had on our website and in the Flat Tyre for a very long time. It was determined that it was time to retire the language.
- **Guy—Ridechair.** The recent Eastern Sierra Escape went very well, attended by 37 riders in total. ACTC is no longer organizing the ESE, leaving Guy as the main organizer. Guy is planning on making the ESE a biannual event (every other year). He has some ideas about possibly interleaving ESE with another event in the Solvang / Paso Robles area. The upcoming Napa Valley Weekend had about 60 people registered of whom 40 will be camping. Bill reported that the first Fall Fun Series ride had about 62 people. Guy also showed the ride leader incentive socks that were recently ordered and received. Guy will be dispersing these socks to qualifying volunteers. We now have red socks for the leaders of at least ten rides in a year, and “star” socks for big contributors to our club including leading 18 rides in a year, being a Board member, or heading up a big event.
- **Randall—Sequoia.** Randall will soon be holding planning meetings for the Sequoia next year. Under review will be routes and rest stops. Guy asked that close attention be paid to making the Sequoia more profitable, and Randall gave assurances that alterations to the business model to make the Sequoia more profitable were already on the agenda. Randall also said that even though he feels the Sequoia jerseys are a very valuable marketing vehicle, he will not be requiring the 2023 Sequoia registrants buy a jersey with their registration because we already have a large supply of “billboards” advertising the Sequoia out on the roads.
- **Fran—Events.** The Oktoberfest committee is in full swing and most volunteer positions have been filled. 172 people had already claimed the 200 available spots at the time of the meeting. The optimal quantity of beer was discussed and it was recommended that a 15 gallon keg would be appropriate, plus bottles of beer and other drinks. Mike agreed to be at the event with the checkbook for timely reimbursement of

volunteers who make purchases for the event. The Board also briefly discussed the upcoming Holiday Party at Michaels on December 11. Fran will be reviewing logistics of the party area, including the photo contest. The potential advantages of continuing with online voting for the photo contest were considered.

- **Vern—Membership.** Our membership total is at 1053, with 26 new members joining this past month. David reviewed our Wild Apricot settings with respect to membership, specifically when renewal membership fees are not paid.
- **Mike—Financials.** Mike presented and briefly renewed our financial statement as of September 28, 2022. Clarification was made that all the anticipated socks invoices have been submitted and received.

There were no other updates by Board members.

The meeting adjourned at 9:18 pm.

-Submitted by Patty Koel,
Club Secretary



Welcome New Members

October 2022

Reported by Vern Tucker, Club Membership Chair



Please welcome the following new members to the Western Wheelers:

Steven Anderson	San Mateo
Brian Chun	Los Altos
Jim Cunningham	Cupertino
Tracy de Swiet	Los Altos
Grace Duval	Sunnyvale
Ben Holzer	Mountain View
Tony Jin	Mountain View
Fritz Knochenhauer	San Mateo
Marcus Koenen	Brisbane
Ryan Lewis	Belmont
Robert Martin	Sunnyvale
Emily Mazzarino	Sunnyvale
Shayan Moini	Half Moon Bay
Janet Sim	Brisbane
Karthik Sudhir	Campbell
Paige Tang	Campbell
David Wei	Los Altos Hills

Holiday Social & Annual Member Meeting

December 11, 2022
Michael's Restaurant at Shoreline

The results of our member poll (with 132 members responding) have revealed that our members are pretty much split on their preferences for indoor vs. outdoor venues for our holiday party.

However, due to the risk of inclement weather, we have decided to move our Holiday Social and Annual Member Meeting back to Michael's at Shoreline this year.

Stay tuned for details and registration. We hope you will join us!

-Submitted by Fran Williams, Event Chair

Annual Bicycling Photography Contest

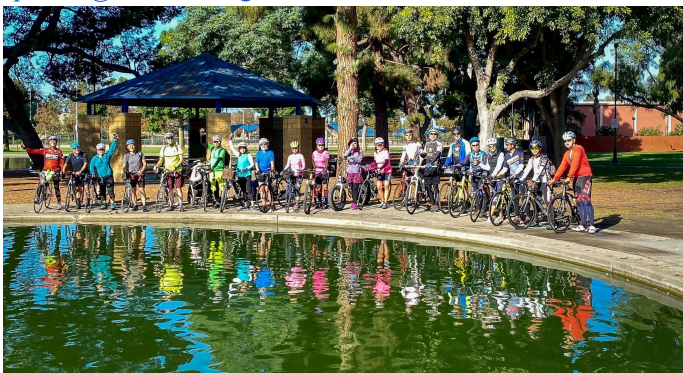
The world-famous Western Wheelers Photo Contest is on again this year. The event will be virtual again this year. We'll have the photos on the web for all to view. Voting & prizes will add to the festivities. This is a great opportunity for the club to see your amazing photos. Take the time now to go through your pictures for the year to choose your two favorites.

Send photos (be sure to read the rules below) to: vpelton@vertical-edge.com. I will respond to every submission within 24 hours. If I don't respond within that time, re-submit.

Submissions are due: Sunday, 27 Nov 2022 (by 11 pm).
The Rules

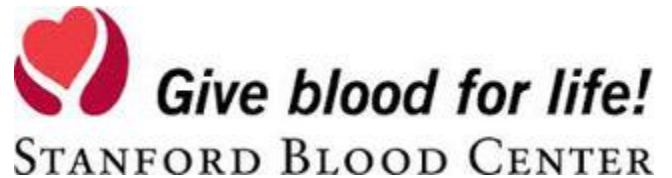
- Must be taken between 30 Nov 2021 and 1 Dec 2022
- Must be related to biking in some way
- Limit of 2 photos per contestant
- Include your FULL name
- Include a 1-line caption with each photo
- Taken and submitted by a Western Wheeler's member
- No professionals
- Each contestant may win only 1 prize
- Submissions must allow publication in The Flat Tyre, newspapers, websites

-Submitted by Vicki Pelton
vpelton@vertical-edge.com



*"From San Jose to LA" submitted by Lily Tan 2021
 Annual Photography Contest*

Last year's winners can be found in the January 2022 *Flat Tyre*.



Western Wheelers Blood Drive

Wednesday, November 16, 2021

There are three locations available:

1. Stanford Blood Center **Menlo Park**,
 445 Burgess Drive
 Menlo Park hours: 7 am - 3 pm
[Register for Menlo Park](#)
2. Stanford Blood Center **Mountain View**,
 515 South Dr Suite #2
 Mountain View hours: 12 noon-7:00 pm
[Register for Mountain View](#)
3. Stanford Blood Center South Bay in **Campbell**,
 295 Hamilton Ave
 Campbell hours: 12 noon- 7:30 pm
[Register for Campbell](#)

[Donation FAQs — Stanford Blood Center](#)

Blood centers remain open as hospital patients continue to require life-saving donations. There is a need now more than ever for community members to donate.

Stanford Blood Center is honored that the Western Wheelers have supported local patients by giving blood as a group since 2012.

We are an important part of their life-saving team! Come out and join your fellow Wheelers.

Be sure to tell the receptionist at your visit that you are participating in the Western Wheelers Blood Drive.

Thank you for your support.

-Organized and submitted by David Trousdale, Club Member

Western Wheelers

Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A–F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0–5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
Average OLH Time						
A	10	9	8	NA	NA	NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

"E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone charge or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL The main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on the Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 e-bikes are not allowed.



November 2022

Weekly and Repeating Club Rides

Every Monday

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd.,

Learn about [becoming a member](#)

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Assistant on the Ride Leaders Resources page found [here](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

DE/1/26 JAVA JIVE DOUBLE EXPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one socially distanced regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. [Route >](#)

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE. Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leader: [Vern Tucker](#), home 408-730-2548, cell 408-893-6008. GPS Files: [Tuesday Loop GPS Files](#)

CD/1-2/15-20 TUESDAY/THURSDAY NIGHT ZWIFT RIDE. Join [Aaron Solomon](#) on Zwift to maintain and improve your riding fitness over these winter months. On Tuesdays and Thursdays, we will meet at 5:30 pm for a 5:45 pm roll-out. Rides can be joined up to 30 minutes late. All levels are welcome to join. See online ride calendar for details on how to join. If you have questions about this ride please contact the leader directly.

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES. Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-70 HILLS R US. This is a social-paced D ride with regroup; C+/D+/E riders are welcome to form separate groups. Route varies weekly and often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Start Location, route, lunch stop (or lack thereof), weather forecast and leader(s) announced 1-2 days beforehand via the [HRU Blog](#). Download or print the route/cue sheet, Ride Leaders do not provide route sheets. Ride Leaders rotate weekly - Don Johann, Cathy Switzer, Jack Jones and Steve Rempel. Ride meets at 8:45 am for a 9:00 departure. Rain cancels.

Every Thursday

CD/1-2/15-20 TUESDAY/THURSDAY NIGHT ZWIFT RIDE. Join [Aaron Solomon](#) on Zwift to maintain and improve your riding fitness over these winter months. On Tuesdays and Thursdays, we will meet at 5:30 pm for a 5:45 pm roll-out. Rides can be joined up to 30 minutes late. All levels are welcome to join. See online ride calendar for details on how to join. If you have questions about this ride please contact the leader directly.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. Leader: [Mike Jenkins](#) (408-239-6131) . Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. Leader: [Howard Koel](#) (650-302-1053). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

Napa 2022 LDT Photos

The third Sunday of every month

C-/0.5 (500')/39 LOVELY BAY GRAVEL RIDE. Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:15 AM for a 9:30 departure at Burgess Park. We meet at the parking lot at Alma St and Burgess Dr. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

The fourth Sunday of every month

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroup, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride](#).

Learn about [becoming a member](#)

Hello Members!

Planning a tour? Completed a great tour? Celebrating a life event? Just had a fun or interesting ride and want to tell us about it? Have some cycling stories to share?

Letters to the Editor? Send correspondence to:

Editors@westernwheelers.org

Peggy George, *FT Editor*

