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A Turn at the Front

Cycling Down Memory Lane

David Schorow, President

I participated in the [Vintage Bike Ride](#) edition of the Monday Morning Mocha Mooch described in last month's [Flat Tyre Edition](#). I rode the Trek bike I got new in 1982. While several of the other participants had bikes that predated mine, only a couple were original owners for as long as I have been. Riding it in the Vintage Bike Ride was more than just an opportunity to display that antique bike while observing other old bikes. It also brought to mind the events and times in my life centered around my first Trek bike.

The Trek was a gift from my dad who passed away five years ago. At the time I was a graduate student at UC Berkeley. For me, the bike was a fancy, high-quality bike, much better than anything I'd ever owned. This was back before hardly anyone had heard of Trek bicycles; certainly I hadn't. I started recreationally riding this wonderful new toy in and around Berkeley and found that I loved getting exercise while exploring new areas in the East Bay. It was exciting to sometimes see another rare Trek bike on my rides.

In 1983 the bike joined my other meager possessions when I moved to Silicon Valley to start my career in the tech industry. By studying paper maps, I soon

“discovered” riding routes around the South Bay that are well known to most Western Wheelers. A few years later, I took the bike on my first self-contained bike tour along the coast down to Los Angeles with two friends I knew from work. We stopped at the town of Harmony, whose name was the same as the code name of the project on which we worked.

In 1991 I joined a social bike ride starting at the Bicycle Outfitter and met a beautiful girl named Mona Matsumoto who rode at a compatible speed. The next year the bike came along as I flew to Vermont with Mona, now Schorow, to do a self-contained bike tour to New Hampshire and up to Maine to celebrate our honeymoon. The bike was my vehicle on the Death Ride, on the Sequoia Century, and on various local tours we did in Northern California. In 1994, we purchased a Burley trailer to carry our new son behind the bike on rides. We once stopped while riding on the still-under-construction Highway 85 so Mona could nurse our son who had awoken, hungry from all of the exercise.

Like all new toys, my Trek bike was eventually pushed aside to make way for newer ones with fancy new bike tech. I've gone through a number of bikes to take advantage of the new features that promise a better ride. But interestingly, for each new bike purchase, I sold off the previous bike, except for that first Trek which I've kept all these forty years.

Riding that Trek on the Vintage Bike Ride brought back many memories. Perhaps I should take it out and ride it more often? NO WAY — I much prefer riding my modern Trek Domane with its light carbon fiber frame and wheels, electronic shifting, shifters integrated with the brake levers, and 28mm tires. No, that old Trek does just fine, storing memories while hanging from the rafters in the garage, coming out when there is a vintage ride and reminding me how far we've come with modern bicycles.

David Schorow, Club President, writes the monthly Turn at the Front column and Safety Tip.



BIG WHEELS 2022

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Have space to store? Contact any Board member to volunteer for this position.



Club Calendar September 2022

20	Sat	Flat Tyre Deadline
30	Fri	RSVP Deadline for Oktoberfest

The **FLAT TYRE** is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. Submit articles for the **FLAT TYRE** by email to Editors@westernwheelers.org

August 2022 Board Meeting Minutes

(Pending Board approval)

Date: Wednesday, August 10, 2022

Time: Social: 6:30 pm; Meeting: 7:00 pm

Location: Zoom

Call to Order at 7:02 pm

Present: David Schorow, Patty Koel, Vern Tucker, Jean Symons, Vito Mazzarino, Bill Sherwin, Peggy George and Cathy Switzer. **Absent:** Mike Rissi, Fran Williams, Guy Shuman and Randall Braun.

Standing Items

- Date of next Board meeting—to be determined
- Location of next Board meeting—zoom
- Food Wrangler—N/A
- The July 2022 Board meeting minutes were unanimously approved after minor amendments.

New Business and Area Lead Updates:

- **David—Preliminary Board Member survey.** The Board discussed the importance of filling all Board positions for next year and talked about ways to encourage club members to run for next year's Board. All Board positions are open. Any interested club member should feel free to run for any Board position, even if the current Board

member runs for re-election. After an informal and non-binding poll, it seems that some Board members may not run for re-election next year.

- **David—Election planning.** David presented an outline of the election planning process and a few target dates for communications and actions were fine tuned during the meeting.
- **Cathy—Events.** In Fran’s absence, Cathy reported that the number of participants at our blood drives have been steadily increasing. Discussions are taking place with Stanford of ways to increase participation for 2023.
- **Vern—Membership.** Our membership total is at 1066, with 18 new members joining this past month. The Board reviewed the process for handling non-payment of renewal membership fees. A small committee consisting of Vern, Vito and David agreed to work on reviewing our desired membership policies and the ability of Wild Apricot to support our objectives. The committee will review and document our policy for active, overdue, lapsed and archived status, and the desired corresponding rights and privileges of each classification. Secondly, the committee will review Wild Apricot’s ability to support our objectives and recommend changes to our procedures and/or policies as necessary.
- **Vito—Website.** Vito reported that the Sequoia is pretty much wrapped up and that he has added this year’s Sequoia information, which was provided by our historian Dick Blaine, to our archives.
- **Bill—Skills.** Bill reported that two more Skills 201 classes with Savvy Bike will be held on Nov 5 and Nov 19. Bill is still exploring the possibility of offering free bicycle maintenance classes through the Sports Basement.
- **Peggy—Flat Tyre.** Peggy reported that she’s recently had multiple submissions to the Flat Tyre, for which she is very grateful. The Board supported Peggy’s authority as the editor to select if and when to publish submitted articles. Peggy reminded Bill that she was looking for an article from him about the Fall Fun series to run in the

September Flat Tyre and a few details about submission deadlines were mentioned.

- **David—New sock purchase.** David shared a report from Guy and Mona on the declining inventory of socks that the club has been using to reward ride leaders and other volunteers. Due to pricing considerations, they were requesting permission to purchase a substantial quantity of socks that may last us 5–7 years. The Board agreed to allow Guy and Mona to spend up to \$3,000 to replenish our inventory of socks. The Board’s understanding was that the cost of a large sock purchase was not already provided for in this year’s annual budget, and that by approving the sock expense the Board was simultaneously increasing the overall spending plan for the year.

A few agenda items, such as apportioning out charitable donations, raising membership dues and our logo rollout plans were deferred to a future meeting. There were no other updates by Board members.

The meeting adjourned at 9:05 pm.

Board minutes were submitted by Patty Koel, Western Wheelers Club Secretary



Welcome New Members August 2022

Reported by Vern Tucker, Club Membership Chair

Hatice Alkan	Mountain View
Chris Atwood	Portola Valley
Godfrey DiGiorgi	Santa Clara
Tatyana Filippova-Miller	Mountain View
David Haas & Valerie Joseph	Palo Alto
Elizabeth Kaubisch	Palo Alto
Ann Mangiaracina	Los Altos Hills
Suzan Beth Morrison	Sunnyvale
Alan & Alison Probert	Half Moon Bay
Joel Rosenberg	Palo Alto
Stuart Smedley	Menlo Park
Sameer Suresh	Mountain View
Samuel Tome	Los Gatos
John Traylor	Mountain View
Al Williams	San Jose
Noelle Yang	San Mateo



Oktoberfest

Sunday, October 9, 1 pm

Bring your appetites and join us for an Oktoberfest celebration as we enjoy a delicious selection of bratwurst (vegan options available), beer and salads at [Cuesta Park](#) in Mountain View.

The picnic will be in the group picnic area off Cuesta Drive (opposite Nilda Ave) and is free for members and \$10 for guests. [Please RSVP](#) by September 30th, so we know how many to expect.

Want to earn your meal? Work up an appetite by joining one of the pre-party rides on our [ride calendar](#).

Also, we will need volunteers to make this happen!

Please contact Fran & Jean at events@westernwheelers.org if you can help with shopping, grilling, set up or clean up.

Danke Schön!



Photo Credit: Jasmine Wu, Sunrise on Page Mill.,
2021 Photo Contest Entry

Fall Fun Series 2022

The 2022 Fall Fun Series (FFS) begins on Saturday, September 24 and is scheduled through Saturday, November 6. The FFS is designed primarily for C/D riders. B riders are welcome to join the FFS on a week by week, ad hoc basis, but a separate route is not provided for the B group. If you are interested in leading a B group on any given week, please contact Bill Sherwin by the Tuesday prior to the ride.

This year, as in past years, the series will consist mostly of rides within an hour's drive of Palo Alto/Redwood City. The FFS follows the same ride grouping format as the Long Distance Training (LDT) rides. The C ride is divided into "C-" and "C+" groups. The C- group is a social paced ride with frequent mandatory regroupings (riders in this group should be able to maintain a modest C pace). The C+ group has fewer/shorter regroupings and also moves at a slightly faster pace. Whichever option you choose, the FFS is a great way to explore the local area, sometimes following LDT routes and sometimes introducing other adventures.

Notes for 2022:

GENERAL NEWS: Updated FFS news/weather will be posted on the "wwbc-RIDES" club email list. You can subscribe to the email list or visit the list site to get updates. Full information on subscription options can be found at the club web site under the EMAIL LISTS menu item.

ROUTE SHEETS/MAPS/GPS INFO: This is a dedicated page on the web site (in the RIDE INFORMATION section) where you will find the route sheets for all - or almost all - of the rides in the Fall Fun Series. This page also has links to Maps/GPS routes where you can examine the map or download directions to your GPS device. (Routes are sometimes altered before the ride, so please wait until the week of the ride to print your route sheets.)

RIDE SCHEDULE: Below, **subject to change**, is the schedule for FFS 2022.

Date	Ride
9/24/2022	Local Hills
10/1/2022	Alameda Creek Trail/Niles and back*
10/8/2022	Half Moon Bay
10/15/2022 2	Mines
10/22/2022 2	Carquinez Straits*
10/29/2022 2	Skyline/Big Basin
11/5/2022	Morgan Hill/Henry Coe

*New to the FFS in 2022

MEALS: Although the worst of the COVID crisis seems to be behind us, it may be that some favorite restaurants from the past may have closed, or that service may be slower than expected. If you prefer to linger at lunch the group may not wait for you. Riders are encouraged to prepare by bringing sufficient food/water to avoid unnecessary delays.

I look forward to seeing all of you at the FFS in 2022!

Bill Sherwin, *Board Member at Large*
2022 Fall Fun Series Coordinator

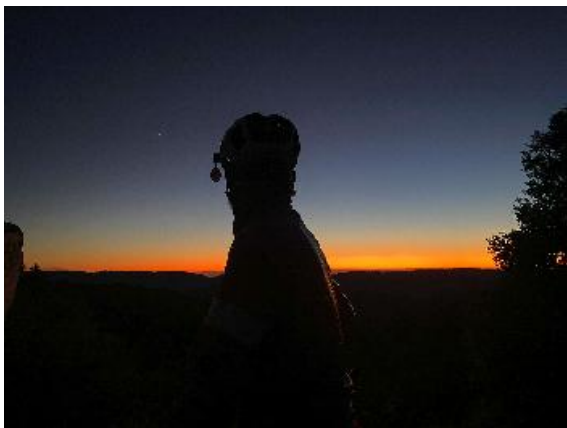


Photo Credit: Jasmine Wu, Sunset on Skyline 2021

2021 Photo Contest Entry



Eastern Sierra Escape 2022

Join friends from Western Wheelers (and ACTC) who will gather in Mammoth Lakes, Bishop, and Lone Pine to explore riding in this great area of California. Most routes start in the wide open Owens Valley and climb to beautiful alpine meadows and forests with fabulous views. While the routes include some of the longest and steepest climbs anywhere in the world, there will also be shorter versions to allow those with less fitness/endurance to enjoy these treasures by starting above the valley floor. Note that while these climbs are difficult due to extended stretches of climbing, there are few (if any) sections where the grade exceeds 10-12 percent. Most rides are “out-n-backs”, climbing during cooler morning hours from the valley up into the alpine forests then descending back to town during the heat of the day. E-bikes are welcome on this tour and ideal for the long climbs, but make sure you have a good understanding of your bike’s capabilities.

This is primarily a hotel/base camp trip. While there are campgrounds available, most participants stay in hotels. Afternoons in Owens Valley are often quite hot, so it is nice to come back to a hotel room and pool after your ride. Trip members usually get together at a common location for an optional happy hour and group dinner each evening. Over the 14 days of the trip there are 11 scheduled riding days, with impromptu (or sometimes scheduled) group hikes on the off days. Participants are always welcome to take a day off or do a different ride/hike than the one scheduled for that day. Some come for the whole adventure, but many participants join for just part of the trip, coming for 3-7 days. There are no group fees for this trip. Your expenses will be only for your transportation, accommodations and meals. Happy

hours are “pot luck”. Rides are unsupported - no SAG. Some days have lunch purchase options and water availability, while on others you must carry your food and water.



See [WEBSITE](#) for detailed information and REGISTRATION.

Questions: [Guy Shuman](#)

SEE ONLINE RIDE SCHEDULE FOR DETAILED RIDE INFORMATION!

(NOTE–Schedule is modified from recent years!)

Date	Ride	Hotel Location
Tues 9/6/22	Tioga Pass Option Lake Mary Warmup Option (2:30 pm)	Mammoth Lakes
Weds 9/7/22	June Lake Out-n-Back	Mammoth Lakes
Thurs 9/8/22	Devils Postpile (+ Lake Mary Option)	Mammoth Lakes
Fri 9/9/22	Rock Creek/Mosquito Flat	Bishop (Drive to start, then to Bishop after ride)
Sat 9/10/22	South Lake & Lake Sabrina	Bishop
Sun 9/11/22	<i>Relax or hike South/Sabrina Lake</i>	Bishop
Mon 9/12/22	Bristlecone Pine Forest	Bishop

Tues. 9/13/22	Pine Creek	Bishop
Weds 9/14/22	Glacier Lodge (+ Waucoba Option)	Bishop
Thurs 9/15/22	<i>Relax or hike at Glacier Lodge</i>	Bishop
Fri 9/16/22	Onion Valley	Lone Pine (Drive to start, then to Lone Pine)
Sat 9/17/22	Horseshoe Meadows	Lone Pine
Sun 9/18/22	Whitney Portal	Lone Pine
Mon 9/19/22	<i>Alabama Hills / Movius Arch Hike</i>	<i>Optional morning hike before departure</i>

Napa Valley LDT Campout

Join us for this fall LDT Weekend trip September 30th to October 2nd! We’ll explore beautiful Napa Valley, Pope Valley, and Lake Berryessa, starting at our group campsite at Bothe-Napa Valley State Park. Our group campsite has a waitlist for late openings. The ride is doable as a day trip. Lodging is available in Calistoga (4 miles), but is a little cheaper in Napa (21 miles). See the Saturday (10/1) [online ride listing](#) for full details and registration information.

The Silver State 508

A mixed team of four Western Wheelers has entered the Silver State 508, a race that takes place this year from September 16-19. So what is the Silver State 508?

“The 508” goes back to 1983 and its current course goes across Nevada from Reno to Eureka and back. It is a 508 mile annual bike race that is a Race Across America (RAAM) qualifier. Racers choose animal totems rather than race numbers. We are Team Super Tabby. Our relay team has 46 hours to complete the course.

Our Team Members are:

Jasmine Wu

Alan Robinson

Peter Grace

Christina (Tina) Waitzman (the 508 Super Tabby!)

You can follow along online with live tracking. Individuals start at 5 am and teams at 7 am.

We look forward to a Ride Report and a photo or two next month. GO TEAM SUPER TABBY!

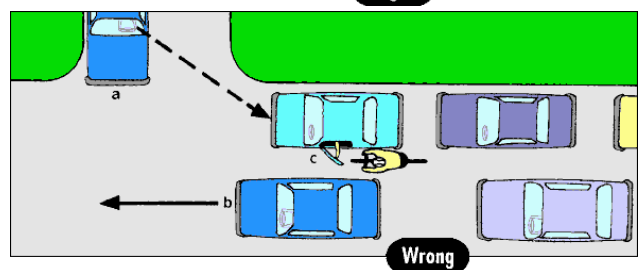
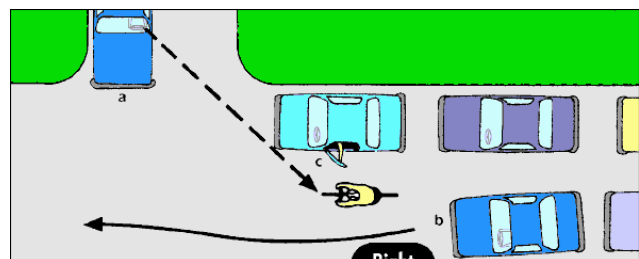
[Silver State 508 website](#)



Photo Credit: Peter Grace submitted for the 2021 Club Annual Photo Contest “The sixth and final bridge and my two buddies ahead”

September Safety Tip - Where to Ride in Traffic

Many cyclists believe they are safer and more comfortable riding as far to the right as possible. They fear being passed uncomfortably close by a motorist or they feel intimidated by impatient drivers. Riding too far to the right is very dangerous for several reasons: it puts the cyclist in the danger zone of poor sightlines and opening car doors; it invites motorists to attempt to pass too closely; and it takes away the cyclist's escape route to the right in the event of the unexpected. Take responsibility for your own safety and decide when to take the lane, even if other traffic must occasionally slowly follow you until there's an opportunity to pass by crossing over to the next lane.



For a more thorough discussion of how to position your bike when riding in traffic, see [Chapter 2 of *Bicycling Street Smarts*](#): Riding Confidently, Legally, and Safely, by John S. Allen.

Note: The Safety Tips are published on the [Western Wheelers website](#) under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.

David Schorow, Club President, writes the monthly Turn at the Front column and Safety Tip.



TOUR DE MENLO – The Scholarship Ride

On September 17th

The TOUR DE MENLO is a scholarship ride to raise funds for college scholarships for under-represented local high school seniors. Rides are 35, 43, and 63 miles, plus a new 16-mile family ride. All rides are fully supported with water, rest stops, and SAG; 7 am-10 am start at The Church of Jesus Christ of Latter-Day Saints, 1105 Valparaiso Ave., Menlo Park, CA; hot lunch; stunningly designed T-shirts and Jerseys for sale; ride-day registration 7-10 am; and a **30% registration discount to Western Wheelers** by typing “BIKECLUB” in the promotion code area of the online registration form. Come join us for a good cause and enjoy the fun ride!

Register at TOURDEMENLO.COM

COVID Guidelines for joining Western Wheelers Club Rides

—Updated January 14, 2022

In order to keep our riders safe and stay in compliance with local regulations, the following guidelines are now in effect for all club rides.

Ride Guidelines:

- Riders are required to follow [CA CDPH Guidelines](#) for face coverings.** These guidelines require mask use based on vaccination status. **Fully vaccinated individuals** are NOT required to wear facemasks during normal outdoor activities involved in a WW ride. When visiting any indoor location (restaurants/restrooms) or stopping at an event (festival/farmers market, etc) riders must follow CA CDPH guidelines. **Unvaccinated individuals** are required to wear face coverings at the start of each ride and whenever physical distancing (6 feet) cannot be maintained.
- All riders must carry a face covering** to be worn when required as above.
- There is no restriction on location of rides (any county), club membership (guests are now permitted), or special leadership qualification (any club member may lead a ride).
- Ride leaders can establish more restrictive requirements for their ride if desired.** Any such

restrictions will be included in the online ride description.

- Availability of water and restrooms may be limited so plan your intake and distances accordingly.

Risks, Privacy and Safety

There is risk in all gatherings, since people without symptoms can transmit COVID-19. Participation in club rides is voluntary. Members assume the full and complete risk that is associated with exposure to and infection by COVID-19 during such participation. Please note that in the event Western Wheelers is asked by the department of public health for a list of riders participating in any club ride for purposes of COVID-19 exposure tracing, Western Wheelers will comply with such requests.

If you are sick, do not come on club rides. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2–14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

COVID-19 Notification Protocol:

With the Omicron variant spreading rapidly through California, it is inevitable that some of our members will contract or test positive for COVID-19 after participating in a WWBC ride. Our rides are currently fully permissible under county and state regulations.

If within 72 hours (3 days) of attending a club ride, a rider starts experiencing symptoms of COVID-19 or tests positive for COVID-19, they are asked to contact [David Schorow \(WWBC President\)](#) with that information. David will notify all ride participants of their possible exposure. The identity of the rider testing positive will be kept private unless they explicitly agree to let their identity be known to the other riders.

Everyone is requested to NOT attend a WWBC ride or event if they are showing any COVID-19, cold, or Flu symptoms (see [COVID Guidelines](#)), or have recently tested positive for COVID-19.

Western Wheelers

Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A–F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0–5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
						Average OLH Time
A	10	9	8	NA	NA	NA NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

"E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone change or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL The main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on the Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 e-bikes are not allowed.



September 2022 Weekly and Repeating Club Rides

Every Monday

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at

the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

DE/1/26 JAVA JIVE DOUBLE EXPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one socially distanced regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. Route: [BO26 Java Jive Double Expresso](#)

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE. Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leader: [Vern Tucker](#), home 408-730-2548, cell 408-893-6008. GPS Files: [Tuesday Loop GPS Files](#)

C/3/15+; D/4/15+ TUESDAY EVENING RIDE. Join us after work every Tuesday evening for a backroads tour of Woodside and environs, including some moderate hills. Meet in the parking lot behind the Pioneer Saloon in downtown Woodside at

5:00 for a 5:15 PM departure. Ride leader and route sheet vary from week to week. Measurable rain cancels. Please equip your bike with front and back lights for added safety in evening low light conditions. Exact ride details, including ride withgps routes, will be posted to the wwbc-rides email list on the day before. Ride coordinator: [Richard Exley](#) (650-704-3801)

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES. Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-65 HILLS R US. This is a social-paced D ride with regroup; faster riders are welcome to form a D+/E group. The Route often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. See ride [blog](#) for starting time/location/route/leader contact information.

CD/2-3/15-30 WEDNESDAY EVENING HUMP-DAY RIDE.

Join Sarah for a fun ride of the Peninsula and Woodside lumps and bumps and get rid of your mid-week slumps!! We will meet at the Pioneer Hotel in Woodside at 5:00 PM and will roll out at 5:15 PM. Routes will change each week, but we will continue with our 3rd Wednesday of the month climb up Old La Honda and the last Wednesday of the month climb up Kings Mountain Road. We can break up into C and D groups to allow the faster riders to zoom ahead! Please join us for a great ride with lots of laughs and camaraderie! Front and back lights are strongly recommended during the winter/spring months since we may be returning around dusk. Please contact [Sarah Coyle](#) at (650-454-5890) if you have any questions. Heavy rain cancels.

Every Thursday

CD/2-3/15-30 THE THURSDAY EVENING TOUR. This is a series of evening rides varying from 15 to 30 miles in Los Altos Hills, Portola Valley and Saratoga, sampling local hills and out-of-the-way roads. Meet at Shoup Park in Los Altos at 5:45 pm, for a 6:00 departure. The routes vary each week, to take advantage of the available daylight. Every effort will be made to get riders back before dark, but bring lights just in case. Leader:

[Gary Goldman](#) (650-279-5315). See individual ride descriptions in the online ride calendar.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. **Leader:** [Mike Jenkins](#) (408-239-6131) . Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. **Leader:** [Howard Koel](#) (650-302-1053). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

The third Sunday of every month

C-/0.5 (500')/39 LOVELY BAY GRAVEL RIDE. Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:45 AM for a 10:00 departure at Burgess Park. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

The fourth Sunday of every month

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroupings, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride](#).

Learn about [becoming a member](#)

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Assistant on the Ride Leaders Resources page found [here](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

Hello Members!

Planning a tour? Completed a great tour? Celebrating a life event? Just had a fun or interesting ride and want to tell us about it? Have some photos to share? We are interested in your stories for publication in the Flat Tyre! Send correspondence to Editors@westernwheelers.org

