

A Turn at the Front

The End is Near

*David Schorow,
 President*



“The End is Near”. This cry usually announces a pending cataclysmic event, but I’m using it in a positive way to suggest we’ll soon see the end of the COVID-19 pandemic. More and more positive news about the state of the pandemic is coming out. New cases of COVID are rapidly falling, down one sixth from the peak after the holidays and approaching the levels from the early fall when things seemed to be getting under control. Though not as extreme since they lag new cases, hospitalizations and death rates have also dropped dramatically. See the [NY Times California Coronavirus Map and Case Count](#) for the latest statistics.

Vaccinations are rolling out a fast clip. Nationwide, the early goal was to administer one million shots per day. But the current rate is above 1.6 million per day and will likely soon get to over 2 million per day. Every time I ride, I ask club members about their vaccination status and nearly everyone over 65 (a large percentage of our club’s demographic) has had at least one shot, which alone is around 80 - 85% effective. Though later than earlier estimates, [Dr. Fauci predicts](#) the rest of us will have access to the Covid-19 vaccine by mid to late May or early June.

While some questions about the vaccines are still being studied, concerns questioning the value of the vaccine are misplaced. From a [NY Times briefing](#), “The evidence so far suggests that a full dose of the vaccine — with the appropriate waiting period after the second shot — effectively eliminates the risk of Covid-19 death, nearly eliminates the risk of hospitalization and drastically reduces a person’s ability to infect somebody else. All of that is also true about the virus’s new variants.”

I recently met over Zoom with the leaders of eight other local bicycle clubs. Of the nine clubs, four had resumed club rides (Grizzly Peak, Santa Rosa, ACTC, and us), while five were still holding off (Valley Spokesmen, Marin, Berkeley, Oakland, Fremont). The leaders of the clubs who are not holding rides mentioned concerns about liability issues and the difficulty in keeping ride groups under a manageable size.

I’m convinced we made the right decision when we resumed club rides after satisfying the county’s requirements. Although I know about a handful of club members who’ve contracted

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COVID or tested positive, there’s been no transmission on any rides either club or private. In fact, I know of no one participating on a club ride while contagious. More generally, outdoor transmission is considered extremely rare or non-existent unless people are in close conversation ([reference](#)).

Of course, we still need to keep up our guard and continue to follow the club’s [Ride Guidelines](#) including wearing masks at the start of rides and maintaining social distancing. But with the improving statistics and the vaccine rollout, we will likely be able to return to some sort of normalcy by mid-summer and may even be able to hold in-person club events soon thereafter.



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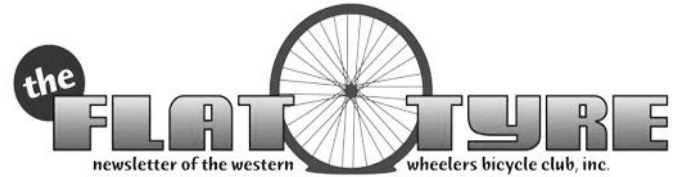
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March 2021 Calendar

10 Wed. Board Meeting, via Zoom

12 Fri. Movie Night

20 Wed. Flat Tyre deadline

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O.Box 60367, Palo Alto, CA94306. To submit articles for inclusion in the *FLAT TYRE*, please send to Editors@westernwheelers.org

March Safety Tip - Beware the Stupid Hour

Mindy Steiner



I thought of that while riding my bicycle

~ Albert Einstein

(on the Theory of Relativity)

In this month's Safety Tip, I'm piggybacking on the September 2020 tip about the importance of always paying attention while riding. Even when the scenery is lovely, riding a bicycle safely requires constant attention to the road and all your surroundings.

While it's important to keep focused all during a ride, it is especially important to beware of what I'm calling the "Stupid Hour" This is the last part of your ride when you are tired and you may be thinking about the plans you have after the ride or later in the day. Don't let your mind wander and don't take your focus off the road. Alertness and attentiveness naturally decrease as you get tired so it is important to concentrate on staying focused on the road all the way to the end of your ride. **Don't let the stupid hour ruin your day!**

Note: The Safety Tips are published on the [Western Wheelers website](http://WesternWheelers.com) under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.

February Board Meeting Minutes

(Minutes pending board approval)
 -Submitted by Patty Koel, Club Secretary



Date: **Wednesday, February 10, 2021**

Time: **Dinner/social: 6:30 pm**

Meeting: **7:00 pm**

Location: **Zoom meeting**

Call to Order at 7:01 pm

Present: David Schorow, Peggy George, Patty Koel, Bill Sherwin, Guy Shuman, Vern Tucker, Fran Williams, Randall Braun, Mike Rissi, Cindy Asrir, Cathy Switzer, and Vito Mazarino.

Standing Items

- Date of next meeting - March 10
- Location of next meeting - Zoom
- Approve the previous minutes - the January minutes were unanimously approved

Area Lead Updates:

- Secretary - no updates
- Ride Chair: Club rides have resumed. To meet current county requirements, Guy has put together a ride leader training document that includes protocols and club guidelines with respect to COVID. Ride leaders will be asked to read the training documents and acknowledge that they have read and understood them. Long Distance Training rides have resumed with about 70 people total attending each ride, but broken into smaller groups with ride starts staggered over one hour.
- Event Chair: The first WWBC blood drive of the year was held on February 3. Fran is promoting the blood drives on the club calendar and with emails. Michael's has penciled the WWBC in for December 5 for our Holiday Party. Next month, the board will decide whether the Spring Picnic, currently scheduled for May 2, will be possible to hold this year. Movie Nights continue to be very popular, and attendance has been increasing over time. The next movie, Quicksilver, will be shown on February 19.
- Flat Tyre Editor: Newsletter publishing has been going well. Robin is editing the March newsletter. An article on using the club ridewithgps account may be run in March.

- Treasurer: Mike will send the January financial report to board members via email in about a week.
- Membership: Vern reported that we had 10 new members join in the past month (since January 12), bringing the total to 988.
- Webmaster: Vito has created the initial page for the Sequoi-tual, and is now focusing on preparing for the website information regarding registration, cancellation policy, liability statement, and an FAQ.
- Safety Chair: Bill reported that he is staying in contact with Lorri Lee Lown about eventually resuming the safety classes for the WWBC.
- Sequoia Chair: Randall reported that a small working group has been busy planning the Sequoi-tual. Randall believes that we may get 500 or more registrants, and registration will open on February 22. A protocol for applying fees paid for the 2020 Sequoia to the 2021 Sequoi-tual has been developed. The jersey that each Sequoi-tual registrant will be entitled to will be sent directly from Voler to the registrant. The basic route will be 73 miles, but can be customized with modifications that make the ride longer or shorter as the participant wishes. Each possible modification will be supported by a downloadable GPS route and route sheet. Also route arrows will be on the road for the basic route and possible modified routes. Marketing materials are being developed including a poster, and cards that can be handed out to other riders to promote the event.

New Business:

- 2021 Budget Planning. Mike Rissi presented a proposed budget for 2021. After a brief discussion the budget was approved.
- Status of Wild Apricot Payments. We have switched over to the new system, and it is going smoothly.
- 2021 Sequoi-tual update. See above.
- David updated the board to let us know that the presidents of nine local bike clubs came together (via Zoom) to share notes on what they are doing. Several clubs have not yet resumed club rides, but four have--Grizzly Peak, WWBC, Santa Rosa Cycling Club, and ACTC. The attendees agreed to continue meeting monthly.

The meeting adjourned at 8:21 pm.

Club Bike Movie Night



Afghan Cycles

Friday, March 12 at 7:30 pm

Zoom link provided at registration

By Cindy Asrir, WWBC bike film organizer

The bicycle may seem a simple form of transportation and sport, but for women around the world it can be a tool of empowerment. Afghan Cycles follows a new generation of young Afghan women who are pedaling their own revolution, aggressively challenging gender and cultural barriers using the bicycle as a literal and metaphorical vehicle for freedom, empowerment and social change.

Afghan Cycles is a 2018 documentary directed by Sarah Menzies and produced by Shannon Galpin. The film has won several awards at international film festivals, and the Afghanistan women’s cycling team was nominated for a Nobel Peace Prize in 2018. You can [read more](#) about the film and the filmmaker in Bicycling magazine. The movie has a running time of 90 minutes and [you can watch the trailer here](#).

The talk and screening are free to Western Wheelers and their guests, but please [sign up for the Zoom link](#). **See you at the movies!**



“Street Fighter”, Wasi Wahid, 2020 Photo Contest

Sequoi-tual: Virtual Sequoia Ride



The Sequoia Century, our yearly club charity fundraiser over one of the most beautiful routes in the Bay Area, is going semi-virtual/DIY this year, and it’s time to think about signing up. Registration is open now. You can sign up [here](#).

There will be a “semi-supported” basic route that includes: route marking with [RouteArrows](#), a map and cue sheet with route info noting existing stores and infrastructure plus a very cool commemorative jersey by Voler, all included in the registration fee. If the total number of registrants allows, more route and community support ingredients might be provided. There will be no SAG support nor manned rest stops since these are not an option for mid-2021.

All proceeds from the ride will go to coastside and cycling charities, not to WWBC.

The ride window is Tuesday June 1st through Sunday June 6th. Riders are welcome to ride any of those days, assuming all existing safety protocols in place in June are followed. The Start-Finish “zone” will be in Los Altos, near El Monte, off Foothill Expressway.



Future Sequoia Rider

Kai Wiedman,
2020 Photo Contest

Ride with GPS - How to Use the Western Wheelers Account

Lisa Burque
(reprinted from the June 2019 Flat Tyre)



There have been many questions about the Western Wheelers “Premium” Account. Read on for frequently asked questions and attempts at clear answers.

If I sign up as a Western Wheelers Member, do I need to have my own RWGPS account?

Yes, you still need your own ridewithgps account. The WW premium member account allows members to use premium features for rides in the WW RWGPS catalog.

What are the premium features we can use under this premium account?

The premium features allow users to get turn-by-turn navigation, download to phones and print cue sheets for rides in the club catalog.

Can I download rides from the WW RWGPS catalog?

Yes.

Can I edit rides in the WW RWGPS catalog?

You need to make a copy of any ride you want to edit and save it under your account. The rides in the WW Route Library are created by ride leaders for use on club rides. You should not edit someone else’s ride, but you can certainly copy it, edit it and save it as your own.

Can I add rides to the archive of routes?

Route Managers can add routes to the club Route Library. Club members who aren't Route Managers won't see the Save to Club section of the Save dialog. If you have a ride you have led for Western Wheelers and you'd like to add it to the archives, please contact Denis Lynch (rwgps@westernwheelers.org.). Remember, the naming convention and rating system for the WW ride catalog must be followed.

How do I access this super-secret premium account?

Start here:

Club News



[The Ride Schedule](#)



[Events Calendar](#)



[Rider & Ride Leader Statistics](#) as of May 9, 2019



[May Flat Tyre](#)



Ride with GPS: [Information about WW Club Membership](#)

Click on “Information about WWClub Membership”
You’ll be taken here:



Ride with GPS

CLUB MEMBERSHIP: Western Wheelers Bicycle Club members in good standing can become “members” of our premium club account. Membership does not give full premium benefits, but when using a club route, members can print cue sheets and maps and get audible turn by turn directions.

Members can only access the routes. Administrators of our club account are able to upload and edit routes.

[Click here to become a member of the club account](#)

Questions: Contact club curator Denis Lynch: at rwgps@westernwheelers.org.

Direct link to club ride directory (or catalog): [Western Wheelers RideWithGPS Account](#)

Once you click on the link to become a member of the club account, you will land here:



Congrats you're a member!

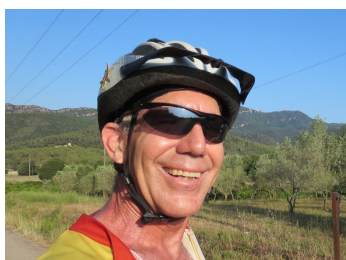
You now have access to navigation features on all club routes.

[Continue to club](#)

That’s it.

LDT Corner

by *Guy Shuman* – LDT
Coordinator



March brings some LDT favorites to the schedule, as well as our first weekend trip! Our first March excursion is the popular **Pescadero** ride, which takes us through the redwoods of the Santa Cruz Mountains – note the multiple meeting locations for this ride. The **Marin Headlands** ride follows, always a favorite with the gorgeous climb of the headlands and scenic Golden Gate Bridge. We start in the Presidio to skip much of the city traffic and enjoy more time in scenic Marin.

The **Healdsburg Weekend** on 3/20 - 3/21 is our first “away” weekend of 2021. The Healdsburg rides visit some great remote wine country. Last year this was our final LDT ride of the year, as we started our extensive quarantine period the following day! We’ve added a modest Friday afternoon ride to all the “2-Day Weekend” trips, making them essentially “3-Day Weekends”. Our away weekends will by necessity be different this year, as we will **not be allowed to have any large group dinners or wine & cheese parties**. But Healdsburg is full of great restaurants offering outdoor seating, so riders can enjoy a great dinner individually or gather in small groups. B/C-riders do an “out-n-back“ route that starts in Healdsburg, simplifying logistics and allowing for easy bail out options. D/E riders challenge the whole Geyserville Road Loop. C+ riders can choose to do the longer remote D route or shorter C route - see online ride listing for details. See online ride schedule for accommodation recommendations. **Berkeley Hills** follows the next week, which is one of our hilliest rides. But none of the hills are particularly steep and when the weather is clear the San Francisco Bay views are fabulous!

We can look forward to the first weekend of April, which will take us south to **Pacific Grove** on 4/3 – 4/4, one of our most scenic and popular weekends! The Friday afternoon ride begins near Watsonville and explores the area around Elkhorn Slough National Reserve.

Note that we ask riders to “register” for the 2-day weekend rides, even if just coming for the day. Registration is free and easy - just go to the **Saturday ride**

listing on the online ride schedule and click on the “Register” button.

Contact me if you need additional information:
(shumansteiner@gmail.com or 650-704-0895 Cell

2021 (LDT) RIDE SCHEDULE:

(subject to change due to COVID restrictions)

Details for each ride: [Web Site Ride Schedule](#).

6-Mar	Pescadero
13-Mar	Marin Headlands
20-Mar	Healdsburg (2-3 day)
27-Mar	Berkeley Hills
3-Apr	Pacific Grove (2-3 day)
10-Apr	Petaluma
17-Apr	Mountain Charlie
24-Apr	Paso Robles (2-3 day)
1- May	Skyline
8-May	Mt. Diablo
15-May	Cazadero (2-3 day)
22-May	Mt. Tamalpais
31-May	Mt. Hamilton (Monday - Memorial Day)



“Mailbox at Hermitage Santa Barbara”, Beth Klein, 2020 Photo Contest

Welcome New Members February 2021



*Vern Tucker,
Membership Chair*

Please welcome the following new members to the Western Wheelers:

- | | |
|-------------------------|---------------------|
| Gina Lucca | Saratoga |
| Syed Seyedmehdi | San Francisco |
| Jasmine Wu | Cupertino |
| James Barrese | Campbell |
| Brendan Conran | Pacifica |
| Barbara Tardiff | Waitsfield, Vermont |
| Emay Wang | San Mateo |
| Lynette Morden | San Jose |
| Dantong Zhu | San Jose |
| Randy Fernando Mancilla | South San Francisco |
| Marcello Federico | Mountain View |
| Archie Abrams | Los Altos |
| Christine Sellers | Los Altos |
| Stephen Maslanka | San Jose |

February Mystery Photo Results

Mindy Steiner was the only Western Wheeler to identify this horse's location, on Kennedy Road near Shannon. She even included a map of the location and another photo of the horse. A well documented find!



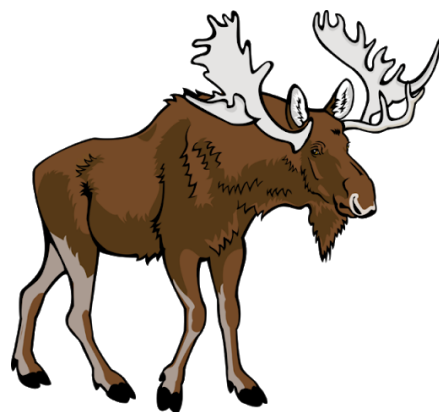
March Mystery Photo

This month's Mystery Photo is courtesy of Robin Jeffries.

This ought to be easy, because a lot of WWers ride this road, but the moose sign is a recent addition.



If you think you know where the moose crossing is located, send your guess to editors@westernwheelers.org to win a prize. Extra points if you provide a picture of an actual moose at this location.



Guidelines for joining Western Wheelers Club Rides - Updated February 1, 2021

Western Wheelers Club Rides Now Permitted within Guidelines as noted below

Western Wheelers club rides are permitted in all counties. Rides in San Francisco are limited to riding groups of twenty five (25) people or fewer. Ride leaders will be responsible for splitting riders into multiple groups with staggered starts as necessary to maintain proper social distancing.

Risks, Privacy and Safety

There is risk in all gatherings, since people without symptoms can transmit COVID-19. Participation in club rides is voluntary. Members assume the full and complete risk that is associated with exposure to and infection by COVID-19 during such participation. Please note that in the event Western Wheelers is asked by the department of public health for a list of riders participating in any club ride for purposes of Covid-19 exposure tracing, Western Wheelers will comply with such requests.

In order to keep our riders safe and stay in compliance with local regulations, the following guidelines are now in effect for all club rides. Ride leaders are being directed to ask riders not in compliance to leave the ride. As we navigate these changes during the ongoing pandemic, club rides will be open to Western Wheelers members only. [Learn about becoming a member](#)

If you are sick, do not come on club rides. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose

- Nausea or vomiting
- Diarrhea

Ride Guidelines:

1. **Riders must maintain a safe distance from each other at all times - minimum of six feet or use the two second rule to determine safe distances** Conditions such as headwinds or downhill may necessitate wider distances. Use good judgment and follow ride leader directives.
2. All riders must have a face covering (eg. mask, bandana, neck gaiter/buff or other without vents) to be worn at the start of each ride and when you encounter a situation in which you are not able to maintain six feet of distance from anyone outside your household (eg. during regroup, red lights, passing other cyclists).
3. Signing up at the start of each ride is mandatory to facilitate contact tracing if a rider becomes ill. The ride leader will take down riders' names. Please maintain a 6' distance from the ride leader and each other at the ride start. If you join the group along the route, please contact the ride leader to be added to the rider list.
4. Riders are encouraged to download routes or print route sheets, if available, before the ride.
5. In order to maintain proper distancing during rides, drafting and pace lines will not be permitted on Western Wheelers rides.
6. No spitting or blowing noses into the air during rides.

Availability of water and restrooms may be limited so plan your intake and distances accordingly.

Hand sanitizer will not be provided by Western Wheelers. Each rider is expected to pack sanitizer, wipes, tissues and any other products required for his/her safety and comfort.

Updated February 1, 2021



Western Wheelers Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0-5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	Average OLH Time
A	10	9	8	NA	NA	NA NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroups than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

"E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, call the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone charge or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.

March 2021 Weekly and Repeating Club Rides



Every Monday

BCD/1/26 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. It is a flat (except overpasses) route to Peets Coffee in Menlo Park for coffee. We return at a social pace through the quiet, residential streets in Menlo Park, Atherton, Redwood City, San Carlos, and Belmont. The Hill Climbers' Option adds 12 to 16 miles to the ride. Meet at Los Prados Park at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information, call Tom Schnurbusch (tomschnu@comcast.net). Rain/muddy conditions cancel.

DE/1/28 JAVA JIVE DOUBLE ESPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15am with a fast ride to enjoy coffee at Peets Coffee in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one socially distanced regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer Route: <https://ridewithgps.com/routes/32102530>

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a fast or easy ride (you decide) to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back the usual way. Meet at 9:15 for a 9:30 am departure at the Lucky Supermarket parking lot (2175 Grant Road, Los Alto, CA) Cross streets are Foothill Expressway and Arboretum. Ride Leaders: David Schorow (408-314-3769, email in member directory) and Jim Takasugi ((408) 391-2057, email in member directory) share leadership on this ride. Ride with GPS Route: <https://ridewithgps.com/routes/29791876>

Please note, the following Monday morning ride is on hiatus until further notice.

A/0/15 SOCIAL PACED MONDAY MORNING COFFEE RIDE.

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE. Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary.. The route is a variation of the Portola loop. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. There is no lunch stop but an extended regroup in Portola Valley provides time for refueling (bring own snacks/lunch). Leader: Vern Tucker, vltbike@yahoo.com, home 408-730-2548, cell 408-893-6008. GPS Files: [Tuesday Loop GPS Files](#)

Tuesday through Saturday

BC/0/23 Seal Point/Redwood Shores. Meet Tom Schnurbusch (tomschnu@comcast.net) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-65 HILLS R US. This is a social-paced D ride with regroups; faster riders are welcome to form a D+/E group. Route often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. See online ride schedule for starting time/location/route/COVID procedures/leader contact information.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet Vern Tucker (408-730-2548, (vltnt1@comcast.net) every Friday at 10 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads. No lunch stop so bring snacks.

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and return via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for 10:15 departure. Estimated return 2-2:30pm. Leader: Mike Jenkins (mike628@sbcglobal.net or (408) 239-6131) . Rain cancels. Route sheets/Maps:

<http://westernwheelersbicycleclub.memberlodge.com/page-1863579>

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for 10:15 AM departure. Please ensure social distancing at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. Leader: **Howard Koel** (650-302-1053 or howard@koel.me). Rain cancels. Route sheets/Maps:

<http://westernwheelersbicycleclub.memberlodge.com/page-1863579>

The fourth Sunday of every month

Note: The B & C groups now meet at different times to reduce congestion at the start.

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride Calendar for Leader

information. Route sheet: [4th Sunday B Ride \(Saratoga\)](#) or GPS: [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a social paced ride with mandatory regroup, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 9:45am for 10:00am departure. Leader: Guy Shuman (shumansteiner@gmail.com). Rain cancels. Route sheets/Maps: [4th Sunday C Ride](#).

NOTE: To manage group sizes, club rides are currently open to Western Wheelers members only. Learn about [becoming a member](#)

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Composer on the Ride Leaders Resources page found [here](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Log in [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.