

A Turn at the Front

How Well Do You Know Your Fellow Club Members?

David Schorow, Club President



How well do you know your fellow Western Wheelers? Take this quiz to find out. Match the clue with the person. “They/their” pronouns are used to avoid identifying gender. For a harder challenge, identify the person without looking at the list of names. Answers are on page 13.

1. Brings their bike to ride starts on the back of a motorcycle
2. The Green One
3. The one and only club historian
4. Known for orange colors and getting good deals
5. Created the Western Wheelers iPhone app
6. Ride leader who recently converted their Bike Friday into an e-bike
7. Current longest serving club board member
8. Previously led rides with indeterminate routes, often spotted riding solo with long beard and no helmet
9. Yoga Master
10. Recently retired from a side business leading tours in Italy and France
11. Their products point the way on the road
12. Tattooed ride leader known for very long humorous Strava ride titles
13. Collects Post Offices while riding
14. Recently achieved a life goal of riding 100 metric centuries
15. The original wanderer
16. Don't wear dark colors when you ride with this leader
17. Recently celebrated their 99th birthday
18. La Honda “Hostess with the Mostest”
19. Club Movie Mistress
20. Club Advocacy Chair since 1998
21. Everested twice in the last year

22. Rides a triplet bike with their kids
23. Served ten years on the board as President, Ride Chair, and Webmaster

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- A. David Murphy
- B. Guy Shuman
- C. Michael Khaw
- D. Jim Burke
- E. Cindy Asrir
- F. Randall Braun
- G. Rao Loka
- H. Shawnerly Hardin
- I. Barry Mann
- J. Ellie Kaviani
- K. Wasi Wahib
- L. Sarah Coyle
- M. Piaw Na
- N. Brian Kaplan
- O. Vickie Romo
- P. Don Lapin
- Q. Kai Wiedman
- R. Mindy Steiner
- S. Dick Blaine
- T. Mike Rissi
- U. Pete Blasberg
- V. John Langbein
- W. Cathy Switzer

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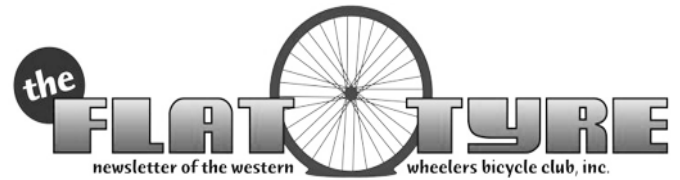
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June 2021 Events Calendar

1-6	Tues-Sun.	Sequoia-tual
9	Wed.	Board Meeting, via Zoom
20	Thurs.	Flat Tyre Deadline
21	Fri.	Movie Night

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the *FLAT TYRE*, please send to Editors@westernwheelers.org

May Board Meeting Minutes



(Minutes pending board approval)

-Submitted by Patty Koel, Club

Secretary

Date: Wednesday, May 12, 2021

Time: Dinner/social: 6:30 pm

Meeting: 7:00 pm

Location: Zoom meeting

Call to Order at 7:01 pm

Present: David Schorow, Peggy George, Patty Koel, Bill Sherwin, Guy Shuman, Vern Tucker, Fran Williams, Randall Braun, Mike Rissi, Cindy Asrir, Cathy Switzer, and Vito Mazzarino.

Standing Items

- Date of next meeting - June 9, 2021
- Location of next meeting - Zoom
- Approve the previous minutes - the April minutes were unanimously approved

Area Lead Updates and New Business:

- Location of future board meetings: A discussion was held about when the board would begin meeting in person again, which had been

suspended due to COVID concerns. While some board members prefer meeting in person, others prefer the flexibility of meeting on Zoom. It was determined that the next meeting in June will be on Zoom. The possibility of alternating in-person and Zoom meetings was considered. This will be discussed further.

- Ride Chair: A discussion was held about new CDC, state and local guidelines for COVID-19 safety and how they apply to club rides. Guy proposed new guidelines that are in line with updated state and local health authority requirements, stating that California CDPH guidelines for face coverings are now based on vaccination status. Accordingly, WWBC requirements will do the same, with the provision that ride leaders are allowed to establish more restrictive requirements for their own rides if desired. Adoption of the new guidelines were approved unanimously. Guy will notify the ride leaders of the new guidelines and email them to all members. A PDF of the new guidelines will also be posted on the website and updated in emails and other communications.
- Sequoia Chair: Randall reported that we currently have 210 registered riders for the Sequoi-tual. The Sequoi-tual routes, maps and GPS files - which indicate the locations of restrooms, water fountains and limited food stops - are posted on our website. The Loma Mar Store has agreed to provide coffee and pastries to all registered riders Wednesday through Sunday from 8-11 am. The store will have a list of all registered riders, and will bill the club for the cost of the coffee and pastries. If it looks as though the temperature will be over 80 degrees, we will recruit volunteers to hand out water and cold drinks 12-4 pm. at a suitable location (such as the top of Tunitas Creek Road or at Kings Elementary). Fran is purchasing food from REI at a discount and at Costco to leave at the Bike Hut.
- Bike Hut Classic Sponsorship: David led a discussion about whether the Western Wheelers should sponsor the Bike Hut Classic (which benefits Abundant Grace) again this year. The board agreed to be a \$500 Seedling Level sponsor of the Bike Hut Classic. The sponsorship will come from the club's general fund and will be separate from what we give to Abundant Grace from net proceeds from the Sequoi-tual.
- Safety Chair: Bill reported that Lorri Lee Lown is available to hold classes on August 15 for Bike Skills 101 and August 22 for Bike Skills 201. The Bike Skills 101 class is for road bike handling skills and the maximum class size is twelve. The Bike Skills 201 class focuses on climbing and descending and the maximum class size is six. The board agreed to underwrite some of the costs of the class so that the cost to members would be \$50. The board asked Bill to inquire about the possibility of adding a second Bike Skills 201 class. Bill will also reach out to Leo Jed (a LAB certified instructor who has led two road skills classes for the Western Wheelers) to find out about his availability and price to offer additional classes this year.
- Club Logo: Cathy led a discussion about updating the Western Wheelers Bicycle Club logo. The board agreed to authorize Cathy to spend up to \$500 for design fees to do a mockup of a new logo.
- Secretary - no updates.
- Event Chair: Fran reported that eight members were at our blood drive on April 28, which is more than last time. The next dates for the blood drive are August 25 and November 17. In addition to sending emails at the appropriate time, Fran will coordinate with Peggy to get a notice into the Flat Tyre. Cindy reported that she will reach out to Shoup Park to confirm our tentative reservation for our ice cream social on August 1. She also reported that there has been a lot of interest in the May 21 bike touring presentation and there are currently 74 people signed up.

- **Flat Tyre Editor:** Peggy said that she hoped we enjoyed the last issue of the Flat Tyre, and she looks forward to doing the next issue.
- **Treasurer:** Mike presented the financial report through May 11. He noted that revenue from membership dues is higher this year than in past years. He said that this is because last year's Sequoia was canceled and volunteers didn't have their membership fees waived.

A discussion followed about the allocation of the cost of the storage locker to the Sequoi-tual. This topic has particular relevance this year because the club has committed to donating 100% of net proceeds from the Sequoi-tual to coastside charities and cycling advocacy organizations. The cost of the storage locker (about \$320 per month or \$3,800 per year) has historically been charged 100% to the Sequoia. Arguments were raised that since the locker is also used for other club events, the expense of the locker should be divided between the Sequoi-Tual and other categories. Mike stated that dividing the cost between more than one category is arbitrary and overly complicated. After some discussion, it was decided to continue the discussion next month.

- **Membership:** Vern reported that we had 23 new members join since April 14 bringing the current total to 1,020. He stated that the trends are improving for total membership: beginning March 2020 (after the pandemic began), total membership declined every month, but since February 2021, membership has increased each month.
- **Webmaster:** Vito reported that he is keeping up with website support for the Sequoi-tual. He said that Cathy has been working with him to streamline the user interface on the club website. He also reported that he has been monitoring the percentage of website storage we are using and he is working on clearing out unnecessary "clutter" on the website, such as drafts of old emails that were never sent.

- **Lefkowitz Bridge Naming:** Peggy volunteered to draft a letter in support of the Lefkowitz bridge-naming effort. She will email it to the board members for approval.

The meeting was adjourned at 9:09 pm.

Welcome New Members May 2021

*Vern Tucker,
Membership Chair*



Please welcome the following new members to the Western Wheelers:

David Tschan	Palo Alto
Craig Boyle	Los Altos
Machelle Vieux	Half Moon Bay
Cedric Rawls	San Jose
April Webster	Mountain View
Rose Liang	Belmont
Amrith Raghavan	Foster City
Robert Vincent	Union City
Kimberly Vincent	Palo Alto
Kelli Mann	Sunnyvale
Maggie Wang	San Diego
Yuko Shoda	Emeryville
Vivian Ng & Family	San Jose
Benjamin Irving	San Jose
Ridha Hamidi	Sunnyvale
Mike Hafner	San Carlos
Mitra Mostowfi	San Jose
David Herzi	Palo Alto
Mark Young	Sunnyvale
Lisa Anderson & Family	Burlingame

WWBC Bike Movie Night: Bicycle Dreams

Friday, June 11 at 7:30 pm
Zoom link provided at registration

By Cindy Asrir, WWBC bike film organizer

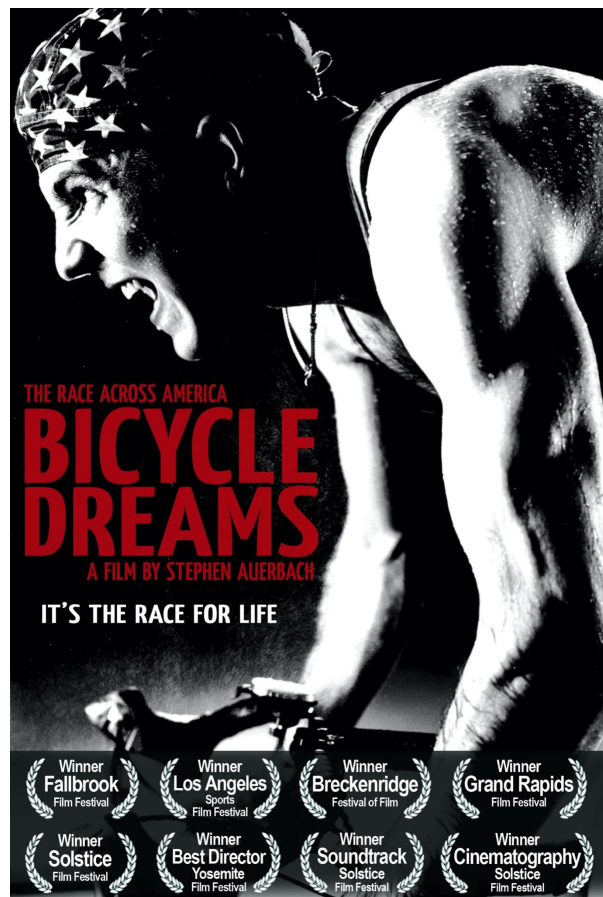
“They are seekers, madmen and angels hell bent on riding across America on a bicycle in less than ten days.”--anonymous

Bicycle Dreams is a 2009 documentary film by director Stephen Auerbach about the 2005 Race Across America, a 3000-mile cross-country bike race that takes place every June. From the starting line in San Diego, the film follows the riders across the country as they endure difficult weather, challenging terrain and sleep deprivation. The film won numerous film festival awards.

“A spectacular and heartfelt film that offers a riveting portrait of extreme courage in the face of inhuman obstacles. **Bicycle Dreams** is an artistic triumph.”--David McElroy

The movie has a running time of 1 hour, 44 minutes and [you can watch the trailer here](#).

The screening is free to Western Wheelers and their guests, but please [Register for the Zoom link](#) (households only need to register once).



May Club Bike Touring Presentation

Thanks to everyone who attended Bobbie & Dave's bike touring presentation on Zoom last Friday evening! We had a great turnout and I think all who attended found it interesting and informative.

And as promised, here is [Bobbie & Dave's presentation deck as well as their gear list and bike touring inventory](#).

Dave Marancik and Bobbie Morrison leveraged their backpacking experience to embark on self-contained bike trips with an emphasis on gravel touring. Since then, they have completed trips in Thailand, the Idaho Hot Springs route, the Gira de Costa in Costa Rica, the rail-trail route from Spokane to Missoula, and a self-mapped route from Missoula to Boise.

RouteArrows A Guide to the Arrows that Guide Cyclists



Submitted by Lisa Burque, Club Member

A RouteArrow is a sign. Well it's technically a sticker. It's a bright, colorful arrow, a signal to someone that they are on the right path. It says "keep going, this way". Randall Braun invented *RouteArrows* to help cycling events provide riders with easy directions, so they could enjoy a route without constantly looking at their map.

After an accident at a construction job, Randall knew he was done doing manual labor. Luckily, on the side he had been prototyping and building this small business. As a lifelong cyclist, and author of three books about the best and most beautiful roads in California to bike, he wanted to change the way things were done.

RouteArrows help event participants stay on course, so they can relax, enjoy the scenery, breathe the fresh air and unwind. They have been sold to all 50 states, as well as internationally. Running events started using *RouteArrows* as much as cycling events. Randall takes pride in helping memorial cancer fundraisers, small town running clubs, and meals-on-wheels put on great events.

At the end of 2019, *RouteArrows* had its biggest sale when the fundraising arm of a major medical condition organization bought *RouteArrows* for every one of their chapter's fundraising running events across the nation. Unfortunately, Covid-19 hit in early 2020 and sales dropped to near zero within a week.

But for those of you who look forward to seeing these colorful arrows along the road, you will see them once more during the Sequoi-tual, scheduled for June 1-6, 2021. The Sequoi-tual 2021 is a hybrid/DIY cycling experience offering the semi-supported "**Pescadero Route**" marked with *RouteArrows*, at 73 miles and 8150 foot gain, with 2

additional marked routes including the 63 mile "**La Honda Route**" and "**The Big Route**" at 100 miles and 10,600 ft! We also have a new Coastside Tour route at 57 miles, all of which include a free morning coffee stop at the Loma Mar Store!

If you want to learn more about *RouteArrows* or help this business recover from the unprecedented time known as the pandemic, you can find more information on:

[RouteArrows Website](#)

[Go Fund Me Page](#)

EARLY JUNE 2021
LOS ALTOS, CA

CHALLENGINGLY BEAUTIFUL

ROUTE OPTIONS
FROM 63-100 MILES

SEMI-SUPPORTED

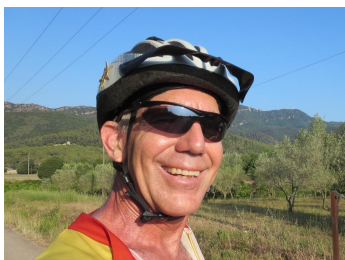
REGISTRATION FEE
INCLUDES A JERSEY!

westernwheelers.org/sequoia

THE SEQUOI-TUAL 2021
A VIRTUAL CYCLING EVENT
BENEFITTING THE COASTSIDE COMMUNITY

LDT Corner

Guy Shuman – LDT
Coordinator



We've completed the **2021 Long Distance Training Series** with no rain outs, no major accidents, and a strong turnout of riders ready to shed the turmoil of COVID and enjoy some beautiful country! If you close your eyes and snap your fingers it will be January 2022 and we'll be ready to start it all over again!

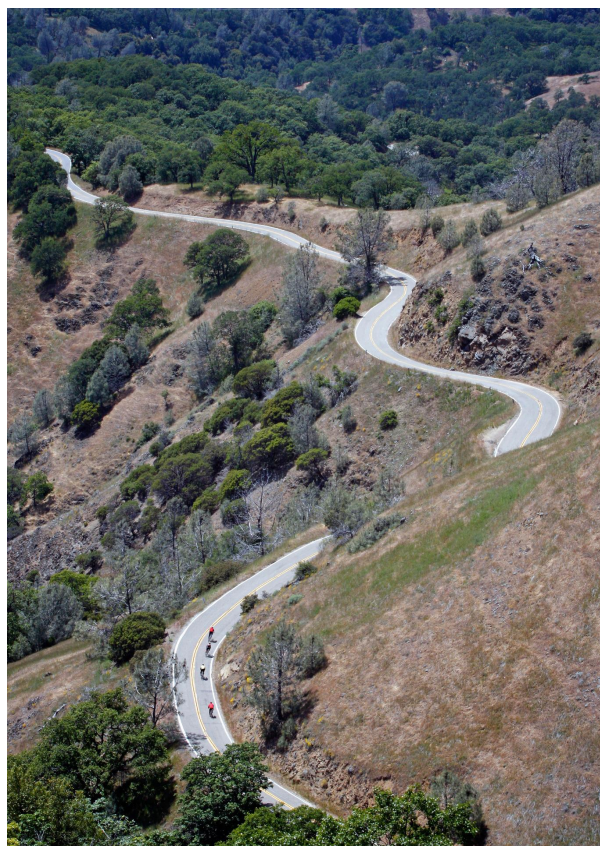
We've reserved our usual group campsite for the "**Fall Napa Valley LDT**" on October 1-3. We'll explore the Napa Valley on this fun 3 day camping excursion. There are also local hotel options, but they can be pretty pricey in autumn. Save the dates on your calendar – detailed info coming soon...

Another upcoming club event is our annual [Eastern Sierra Escape](#), co-organized with our sister ACTC club, on September 7-19. This challenging two week excursion is a fun and social early Fall trip – join for all or just a portion. This is primarily a hotel trip, but there are also some camping options available. Detailed information and registration on [website](#).

Bill Sherwin will be organizing the **Fall Fun Series**, which begins in mid September. During the summer months there is no organized ride series, so it's time for all of YOU to step up and lead a ride or two for YOUR bike club. Any member can lead a ride - see the [Ride Leaders Guide](#) for information on how to organize and list a ride!

Mount Hamilton (image top right)

photo credit: Howard Schaefer, 2011 Photo Contest Submission



June Safety Tip: Store Your Gear Safely

David Schorow, Club President

*Those who wish to control their own lives
and move beyond existence as mere clients
and consumers - those people ride a bike.*

~ **Wolfgang Sachs**

As the day warms we often strip off our extra clothing. In the last few years we have had two riders get their jackets tangled in their back wheels. The first instance resulted in a frustrating hour of cleaning bits and pieces of clothing from the rear cassette but no crash. The second was much worse, resulting in a crash and broken leg! Make sure your gear is stowed safely with no chance of it getting into your wheel. Don't ride with a jacket tied around your waist. And when you stuff a jacket into a back jersey pocket, make sure it is completely contained and doesn't have a sleeve hanging down that can get caught in the rear wheel.

Note: The Safety Tips are published on the [Western Wheelers website](#) under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.

May Mystery Photo Result



No one guessed the correct location of this photo but Robin Jeffries did learn that there are smiles in more than one place. The photo (above) is from Old Page Mill Road but all the responses were for Tunitas Creek.

So the Tunitas Creek responders in order of appearance:

1. Fran Williams 7:38am, May 1
2. John Langbein, 7:52am
3. Jeff Orum, 4:08pm
4. Robert Neff, 4:24pm
5. Barry Mann, 7:40pm
6. Gary Virshup. 7:54am, May 2
7. Cheryl Prothero, 9:17 am
8. Cheryl Herms, 11:20pm

Thanks to everyone for your responses.

Your participation is noted for an end year tally!



“The tanks above UCSC” (image top) photo credit: Ed Jones 2019 Photo Contest Submission

June Mystery Photo Contest



If you think you know where this photo is located, send your guess to editors@westernwheelers.org to win a prize. Thanks to Terria Brewer for the photo.

“Gumby is my co-pilot”(image left) photo credit:Kai Weidman 2019 Photo Contest Submission

COVID Guidelines for joining Western Wheelers Club Rides - Updated May 14, 2021

In order to keep our riders safe and stay in compliance with local regulations, the following guidelines are now in effect for all club rides.

Ride Guidelines:

1. **Riders are required to follow [CA CDPH Guidelines for face coverings](#).** These guidelines require mask use based on vaccination status. **Fully vaccinated individuals** are NOT required to wear facemasks during normal outdoor activities involved in a WW ride. When visiting any indoor location (restaurants/restrooms) or stopping at an event (festival/farmers market, etc) riders must follow CA CDPH guidelines. **Unvaccinated individuals** are required to wear face coverings at the start of each ride and whenever physical distancing (6 feet) cannot be maintained.
2. **All riders must carry a face covering** to be worn when required as above.
3. There is no restriction on location of rides (any county), club membership (guests are now permitted), or special leadership qualification (any club member may lead a ride).
4. No riding group shall exceed 50 people (Orange Tier Counties) or 100 people (Yellow Tier Counties) per CA CDPH guidance on gatherings.
5. **Ride leaders can establish more restrictive requirements for their ride if desired.** Any such restrictions will be included in the online ride description.
6. Availability of water and restrooms may be limited so plan your intake and distances accordingly.
7. Each rider should pack any products desired for his/her safety and comfort. Hand sanitizer will not be provided by Western Wheelers.

Risks, Privacy and Safety

There is risk in all gatherings, since people without symptoms can transmit COVID-19. Participation in club rides is voluntary. Members assume the full and complete risk that is associated with exposure to and infection by COVID-19 during such participation. Please note that in the event Western Wheelers is asked by the department of public health for a list of riders participating in any club ride for purposes of COVID-19 exposure tracing, Western Wheelers will comply with such requests.

If you are sick, do not come on club rides. People with COVID-19 have had a wide range of symptoms reported –

ranging from mild symptoms to severe illness. Symptoms may appear 2–14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Now that the weather is improving and summer is quickly approaching, we are starting to plan summer trips and activities. With the excitement of looking forward to seeing family and friends again, we may not be thinking about donating blood.

If you are a blood donor or you are considering it, please get the Western Wheelers' upcoming drives on your calendar. Join your fellow Western Wheelers on August 25 and November 17.

Since 2012, the Western Wheelers have supported local patients by giving blood as a group. You are an important part of our life saving team.

Please consider making an appointment for the upcoming August 25th Blood Drive. There are 3 locations available, please choose the one that is most convenient for you:

- Menlo Park - [make an appointment](#).
- Mountainview - [make an appointment](#).
- Campbell - [make an appointment](#).

If you are a regular donor, or are planning on donating soon, please be aware that donors need a minimum of 56 days between donations. Thank you for supporting your club and your community.

Western Wheelers Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0-5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING

Pace Rating	0	1	2	3	4	5	Average OLH Time
A	10	9	8	NA	NA	NA	NA
B	12	11	10	9	8	7	43-54 min.
C	14	13	12	11	10	9	34-43 min.
D	16	15	14	13	12	11	27-34 min.
E	18	17	16	15	14	13	22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph. "E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone charge or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.



June 2021 Weekly and Repeating Club Rides

Every Monday

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

DE/1/28 JAVA JIVE DOUBLE ESPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15am with a fast ride to enjoy coffee at Peets Coffee in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one socially distanced regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. Route: [BO28 Java Jive Double Espresso - A bike ride in Los Altos, CA](#)

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a fast or easy ride (you decide) to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a

slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). Meet at 9:15 for a 9:30 am departure at the Lucky Supermarket parking lot (2175 Grant Road, Los Alto, CA) Cross streets are Foothill Expressway and Arboretum. Ride Leaders: David Schorow (408-314-3769, email in member directory) and Jim Takasugi (408-391-2057, email in member directory) share leadership on this ride.

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Masks required and social distancing is to be respected. After purchasing our coffees we'll go to the park across the street from Peet's to have a proper, socially distanced visit while sipping our libations. The ride is expected to last almost 3 hours returning to Rengstorff Community Center around 11:50 am. Expect the Bluebird of Happiness to be riding along with Pam. Rain cancels. NOTE: Due to the Community Center being used as a vaccination site we are temporarily unable to use the main parking lot. If driving to the start please park on neighborhood streets across Rengstorff Avenue and plan extra time to park.

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE.

Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leader: Vern Tucker, vltbike@yahoo.com, home 408-730-2548, cell 408-893-6008. GPS Files: [Tuesday Loop GPS Files](#)

C/3/15+; D/4/15+ TUESDAY EVENING RIDE Join us after work every Tuesday evening for a backroads tour of Woodside and environs, including some moderate hills. Meet in the parking lot behind the Pioneer Saloon in downtown Woodside. (START TIMES WILL CHANGE THROUGH THE SEASON -

CHECK ONLINE LISTING). Ride leader and route sheet vary from week to week. Measurable rain cancels. Please equip your bike with front and back lights for added safety in evening low light conditions. Exact ride details, including ride with GPS routes, will be posted to the wwbc-rides email list on the day before. Ride coordinator: [Richard Exley](#) (650-704-3801).

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES. Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-65 HILLS R US. This is a social-paced D ride with regroup; faster riders are welcome to form a D+/E group. The Route often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. See online ride schedule for starting time/location/route/COVID procedures/leader contact information.

CD/2-3/15-30 WEDNESDAY EVENING HUMP-DAY RIDE Join [Sarah](#) for a fun ride of the Peninsula and Woodside lumps and bumps and get rid of your mid-week slumps!! We will meet at the Pioneer Hotel in Woodside. (START TIMES WILL CHANGE THROUGH THE SEASON - CHECK ONLINE LISTING). Routes will change each week. We can break up into multiple C and D groups of up to seven people each to maintain social distancing. We also plan to incorporate some hill repeats into our repertoire - so be prepared to get pumped up!! Front and back lights are strongly recommended during the winter/spring months since we may be returning around dusk. Please contact [Sarah Coyle](#) (650-454-5890) if you have any questions. Heavy rain cancels.

Every Thursday

CD/2-3/15-30 THE THURSDAY EVENING TOUR. This is a series of evening rides varying from 15 to 30 miles in Los Altos Hills, Portola Valley and Saratoga, sampling local hills and out-of-the-way roads. Meet at Shoup park in Los Altos at 6:00 pm, for a 6:10 departure. The routes vary each week, to take advantage of the available daylight. Every effort will be made to get riders back before dark, but bring lights just in case. **Leader:** [Gary Goldman](#) (650-279-5315).

See individual ride descriptions on the online ride calendar.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet [Louis Rustenburg](#) (408-420-0443) every 1st and 3rd Friday and [Vern Tucker](#) (408-730-2548) every 2nd and 4th Friday at 10:00 AM at McKenzies Park for a 10:15 AM ride start. Leader alternates if there is a 5th Friday in the month. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for 10:15 departure. Estimated return 2-2:30pm. **Leader:** [Mike Jenkins](#) (408-239-6131) . Rain cancels. **Route sheets/Maps:** [Route sheets/Maps-GPS](#)

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for 10:15 AM departure. Please ensure social distancing at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. **Leader:** [Howard Koel](#) (650-302-1053). Rain cancels. **Route sheets/Maps:** [Route/GPS](#)

The fourth Sunday of every month

Note: The B & C groups now meet at different times to reduce congestion at the start.

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a social paced ride with mandatory regroup, but faster

riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps: [4th Sunday C Ride](#).**

Learn about [becoming a member](#)

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Assistant on the Ride Leaders Resources page found [here](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Log in [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.

Turn at the Front Quiz Answers (from page one)

1. N. Brian Kaplan
2. P. Don Lapin
3. S. Dick Blaine
4. Q. Kai Wiedman
5. A. David Murphy
6. D. Jim Burke
7. T. Mike Rissi
8. G. Rao Loka
9. J. Ellie Kaviani
10. C. Michael Khaw
11. F. Randall Braun
12. L. Sarah Coyle
13. W. Cathy Switzer
14. K. Wasi Wahib
15. I. Barry Mann
16. B. Guy Shuman
17. U. Pete Blasberg
18. O. Vickie Romo
19. E. Cindy Asrir
20. V. John Langbein
21. H. Shawnery Hardin
22. M. Piaw Na
23. R. Mindy Steiner

