

LDT Napa Valley/St. Helena <b>D/E</b>		
D/3 (6000')/77                      E/3 (6900')/87		
Guy Cell – 650-704-0895    Mindy Cell – 650-714-9616		
START at Bothe-Napa S.P. Group Campsite		
0.3	R	Hwy 128/29 (CAUTION TRAFFIC)
1.0	L	Bale Lane
1.7	R	Silverado Trail
<b>6.5</b>	<b>REGROUP at Pope St/Howell Mt. Rd.</b>	
6.5	L	Howell Mountain Rd. (climbing)
7.7	R	Conn Valley Rd.
10.9	L	Greenfield Rd.
<b>12.5</b>	U	<b>REGROUP/U-TURN at private gate</b>
14.1	R	Conn Valley Rd.
17.3	L	Howell Mountain Rd.
18.5	L	Silverado Trail
21.8	L	Hwy 128 (Sage Canyon Rd.)
<b>24.9</b>	<b>REGROUP at Lake Hennessey Boat</b>	
		<b>Launch        (Restrooms/NO WATER)</b>
26.0	L	Chiles Pope Valley Rd.
29.6	R	Lower Chiles Valley Rd.
33.0	L	Sage Canyon Rd.
<b>36.0</b>	<b>REGROUP at Turtle Rock Bar/Café</b>	
		<b>(Snacks/water for sale)</b>
36.0	<b>U turn then R</b> on Berryessa Knoxville Rd.	
<b>42.8</b>	<b>REGROUP at <u>Visitor Center</u></b>	
		<b>(Water spigot/Restrooms if open)</b>
<b>49.1</b>	<b>REGROUP at Pope Canyon Rd. (RR)</b>	
<b><i>E route "out-n-back" (adds 10.0 miles/700 feet):</i></b>		
	C	<i>Berryessa Knoxville Road for 5.0 miles</i>
		<b><i>U turn at Eticuera Creek Day Use Area (RR)</i></b>
	R	<i>Pope Canyon Rd.</i>
49.1	L	Pope Canyon Rd.
57.5	R	Pope Valley Cross Rd.
58.5	R	Chiles Valley Rd.
<b>59.3</b>	<b>LUNCH/SNACKS Pope Valley Market</b>	
		<b>(Snacks/water for sale)</b>
59.3	C	Pope Valley Rd.
61.0	L	Ink Grade Road (4 mile climb - easy at top)
<b>65.1</b>	<b>REGROUP at White Cottage Rd.</b>	
65.1	R	White Cottage Rd. (CAUTION - rough road)
68.8	R	Deer Park Rd.
70.4	C	<u>Don't turn</u> at 1st Sanitarium Rd.
<b>72.4</b>	<b>REGROUP at 2nd Sanitarium Rd.</b>	
72.4	R	2nd Sanitarium Rd. (Sharp Right)
73.0	L	Crystal Springs Rd. (CAUTION)
74.1	L/C	to stay on Crystal Springs Rd.
75.1	R	Silverado Trail
75.6	L	Bale Lane
76.3	R	Hwy 128/29 (CAUTION TRAFFIC)
76.9	L	into Bothe Napa State Park
<b>77.2</b>	<b>END at Group Campsite</b>	

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