noui	t Diab	_	
	C/4	<u>/5</u> 8	(5,400 feet)
	50-704		
			ta Park
DIST	CUM	DIR	STREET
0.0	0.0	L	Tassajara Ranch Drive
0.1	0.1	R	Crow Canyon Road
	4.4	_	(becomes Black Hawk Rd)
4.0	4.1	R	Mount Diablo Scenic Blvd (Don't miss!)
0.7	4.1	X	REGROUP at Athenian School (after turn)
6.7	10.8	X	REGROUP at ranger station (RR/Water)
	10.8	R	Summit Road
4.6	15.4	Х	REGROUP at summit(water/restroom)
	15.4	U	Mount Diablo Summit
4.6	20.0	R	North Gate Road (at ranger station)
6.4	26.4	Х	REGROUP at park entrance
1.3	27.7	R	Oak Grove Road
0.1	27.8	L	Walnut Avenue (at circle)
1.5	29.3	С	Bancroft Rd.
	20.0	_	LUNCH at Country Wood Shopping
0.6	29.9	R	Center (Noah's Bagels)
			nto Bancroft,
			Contro Costo Conol Troil (1st step light)
0.3	30.2		Contra Costa Canal Trail (1st stop light)
0.9	31.1	X	cross Iron Horse Trail (left for "B" bailout)
3.0	34.1	X	Westover Drive (REGROUP)
0.2	34.3	L	Exit on small path to Mercury Way
0.5	24.0	R	Mercury Way
0.5	34.8	С	Morello Avenue (across Taylor Blvd)
0.0	25.7	,	Paso Nogal Rd ( <u>not</u> Paso Nogal Ct, which
0.9	35.7	C	comes first)
0.9	36.6 37.3	L	Virginia Hills Drive (across busy road) Blue Ridge Drive (@ "T")
0.7	37.6		Reliez Valley Road (@ "T")
2.9	40.5		ROUP at top of hill (1603 Reliz Valley Rd)
1.3	41.8	R	Pleasant Hill Road
0.6	42.4	L	Stanley Blvd (2nd stop light) (@Shell gas)
0.0		_	ROUP at Shell Gas (water/drinks/snacks/RR)
0.2	42.6	R	Camino Diablo
0.2	43.5	R	El Curtola Boulevard
			ort climb, 2 short
			op sign at the bottom of each.
	i iii o vvi		
down			rd left at 2nd stop sign.
down			rd left at 2nd stop sign. Kinny Drive
down Kinny	Drive	is ha L	1
down Kinny 0.4	<i>Drive</i> 43.9	is ha L	Kinny Drive
down Kinny 0.4 0.2	Drive 43.9 44.1	is ha L R C	Kinny Drive Boulevard Way
0.4 0.4 0.4 0.2	Drive 43.9 44.1 44.5	is ha L R C R	Kinny Drive Boulevard Way Tice Valley Boulevard
0.4 0.2 0.4 1.9	Drive 43.9 44.1 44.5 46.4 47.0	is ha L R C R L/C	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue
0.4 0.2 0.4 1.9	Drive 43.9 44.1 44.5 46.4 47.0	is ha L R C R L/C	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail)
0.4 0.2 0.4 1.9 0.6 Watch	Drive 43.9 44.1 44.5 46.4 47.0 h for bi	Is ha L R C R L/C	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL
0.4 0.2 0.4 1.9 0.6 Watch	Drive 43.9 44.1 44.5 46.4 47.0 h for bi	Is ha L R C R L/C	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP)
0.4 0.2 0.4 1.9 0.6 Watci	43.9 44.1 44.5 46.4 47.0 h for bi 47.1 49.4	IS ha L R C R L/C ke tra R	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP) Hemme Park Restrooms/Water REGROUP
0.4 0.2 0.4 1.9 0.6 Watch	43.9 44.1 44.5 46.4 47.0 h for bi 47.1 49.4	R C R L/C R R	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP) Hemme Park Restrooms/Water REGROUP Iron Horse Regional Trail
0.4 0.2 0.4 1.9 0.6 Watch 0.1	43.9 44.1 44.5 46.4 47.0 h for bi 47.1 49.4 49.4 54.7	R C R L/C ke tra	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP) Hemme Park Restrooms/Water REGROUP Iron Horse Regional Trail REGROUP at tables before Crow Canyon
0.4 0.2 0.4 1.9 0.6 Watch 0.1 2.3	43.9 44.1 44.5 46.4 47.0 h for bi 47.1 49.4 49.4 54.7 54.8	Is ha	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP) Hemme Park Restrooms/Water REGROUP Iron Horse Regional Trail REGROUP at tables before Crow Canyon Crow Canyon Rd.
0.4 0.2 0.4 1.9 0.6 Watch 0.1	43.9 44.1 44.5 46.4 47.0 h for bi 47.1 49.4 49.4 54.7	R C R L/C ke tra	Kinny Drive Boulevard Way Tice Valley Boulevard Crest Avenue Hillgrade Avenue (then quick right on trail) ail on RIGHT/BOTTOM OF HILL Iron Horse Regional Trail (REGROUP) Hemme Park Restrooms/Water REGROUP Iron Horse Regional Trail REGROUP at tables before Crow Canyon

Guy 650-7  Start: Dia  DIST CU  0.0 0.0  4.0 4.  4.0 4.  6.7 10.  4.6 15.  4.6 20.  6.4 26.  1.3 27.  0.1 27.  1.5 29.  0.6 29.	4   5   5   5   5   5   5   5   5   5	58 0895 Vis	ta Park  STREET  Tassajara Ranch Drive Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
Guy 650-7  Start: Dia  DIST CU  0.0 0.0  0.1 0.  4.0 4.  6.7 10.  4.6 15.  4.6 20.  6.4 26.  1.3 27.  0.1 27.  1.5 29.  After lunch in the dire	M CO4-CO M CO M	N	ta Park  STREET  Tassajara Ranch Drive Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
Start: Dia           DIST CU           0.0         0.0           0.1         0.0           4.0         4.6           6.7         10.           4.6         15.           4.6         20.           6.4         26.           1.3         27.           0.1         27.           1.5         29.           After lunch in the dire	Name	Vis	STREET Tassajara Ranch Drive Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
Start: Dia           DIST CU           0.0         0.0           0.1         0.0           4.0         4.6           6.7         10.           4.6         15.           4.6         20.           6.4         26.           1.3         27.           0.1         27.           1.5         29.           After lunch in the dire	Name	Vis	STREET Tassajara Ranch Drive Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
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0.0 0.0 0.1 0.7 4.0 4.7 6.7 10. 10. 4.6 15. 4.6 20. 6.4 26. 1.3 27. 0.1 27. 1.5 29.  After lunch in the dire	D	R X X R X U R X R L	Tassajara Ranch Drive Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
0.1     0.1       4.0     4.1       6.7     10.       10.     15.       4.6     20.       6.4     26.       1.3     27.       0.1     27.       1.5     29.       After lunch in the dire	1 1 8 8 8 4 4 4 0 0 4 7 7 8 8 3 3 9 9	R X X R X U R X R L	Crow Canyon Road (becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
4.0 4.7 4.6 4.7 10. 4.6 15. 4.6 20. 6.4 26. 1.3 27. 0.1 27. 1.5 29. After lunch in the dire	1 8 8 8 4 4 4 0 0 4 4 7 7 8 8 3 3 9 9	X R X U R X R L	(becomes Black Hawk Rd) Mount Diablo Scenic Blvd (Don't miss!) REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
4.6 15. 4.6 20. 6.4 26. 1.3 27. 0.1 27. 1.5 29. After lunch in the dire	1 8 8 8 4 4 4 0 0 4 4 7 7 8 8 3 3 9 9	X R X U R X R L	REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
6.7 10. 10. 4.6 15. 4.6 20. 6.4 26. 1.3 27. 0.1 27. 1.5 29.  After lunch in the dire	8 8 4 4 0 4 7 8 3	X R X U R X R L	REGROUP at Athenian School (after turn) REGROUP at ranger station (RR/Water) Summit Road REGROUP at summit(water/restroom) Mount Diablo Summit North Gate Road (at ranger station) REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
10. 4.6 15. 4.6 20. 6.4 26. 1.3 27. 0.1 27. 1.5 29. After lunch in the dire	8 4 4 0 4 7 8 3	R X U R X R L	Summit Road  REGROUP at summit(water/restroom)  Mount Diablo Summit  North Gate Road (at ranger station)  REGROUP at park entrance  Oak Grove Road  Walnut Avenue (at circle)
4.6 <b>15.</b> 15. 4.6 20. 6.4 <b>26.</b> 1.3 27. 0.1 27. 1.5 29.  After lunch in the dire	4 0 4 7 8 3	X U R X R	REGROUP at summit(water/restroom)  Mount Diablo Summit  North Gate Road (at ranger station)  REGROUP at park entrance  Oak Grove Road  Walnut Avenue (at circle)
15. 4.6 20. 6.4 <b>26.</b> 1.3 27. 0.1 27. 1.5 29. <b>0.6 29.</b> After lunch in the dire	4 0 4 7 8 3	U R X R L	Mount Diablo Summit North Gate Road (at ranger station)  REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
15. 4.6 20. 6.4 <b>26.</b> 1.3 27. 0.1 27. 1.5 29. <b>0.6 29.</b> After lunch in the dire	4 0 4 7 8 3	R X R L	Mount Diablo Summit North Gate Road (at ranger station)  REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
4.6 20. 6.4 <b>26.</b> 1.3 27. 0.1 27. 1.5 29. <b>0.6 29.</b> After lunch in the dire	0 4 7 8 3	R X R L	North Gate Road (at ranger station)  REGROUP at park entrance  Oak Grove Road  Walnut Avenue (at circle)
6.4 <b>26.</b> 1.3 27. 0.1 27. 1.5 29. <b>0.6 29.</b> After lunch in the dire	.4 .7 .8 .3 .9	X R L	REGROUP at park entrance Oak Grove Road Walnut Avenue (at circle)
1.3 27. 0.1 27. 1.5 29.  0.6 29.  After lunch in the dire	.7 .8 .3	L	Oak Grove Road Walnut Avenue (at circle)
0.1 27. 1.5 29.  0.6 29.  After lunch in the dire	.3	L	Walnut Avenue (at circle)
0.6 29. After lunch in the dire	.9	С	
After lunch in the dire			Bancroft Rd.
After lunch			LUNCH at Country Wood Shopping
After lunch		R	Center (Noah's Bagels)
	.,	ft or	nto Bancroft,
			·
U.S SU.		R	Contra Costa Canal Trail (1st stop light)
0.9 31.		Χ	cross Iron Horse Trail (left for "B" bailout)
3.0 <b>34.</b>		X	Westover Drive (REGROUP)
0.2 34.	_	L	Exit on small path to Mercury Way
		R	Mercury Way
0.5 34.	8	С	Morello Avenue (across Taylor Blvd)
			Paso Nogal Rd (not Paso Nogal Ct, which
0.9 35.	7	L	comes first)
0.9 36.	6	С	Virginia Hills Drive (across busy road)
0.7 37.	3	L	Blue Ridge Drive (@ "T")
0.3 37.	6	L	Reliez Valley Road (@ "T")
2.9 <b>40.</b>	.5 R	REG	ROUP at top of hill (1603 Reliz Valley Rd)
1.3 41.	8	R	Pleasant Hill Road
0.6 42.		L	Stanley Blvd (2nd stop light) (@Shell gas)
42.	4 R	REG	ROUP at Shell Gas (water/drinks/snacks/RR)
0.2 42.	6	R	Camino Diablo
0.9 43.		R	El Curtola Boulevard
			ort climb, 2 short
			p sign at the bottom of each.
		-	rd left at 2nd stop sign.
0.4 43.		L	Kinny Drive
0.2 44.			Boulevard Way
0.4 44.			Tice Valley Boulevard
1.9 46.	_	R	Crest Avenue
0.6 47.			Hillgrade Avenue (then quick right on trail)
			nil on RIGHT/BOTTOM OF HILL
0.1 <b>47.</b>	1	R	Iron Horse Regional Trail (REGROUP)
			Hemme Park Restrooms/Water
2.3 49.	4	Χ	REGROUP
49.	4	С	Iron Horse Regional Trail
5.3 54.	7	Χ	REGROUP at tables before Crow Canyon
0.1 54.		L	Crow Canyon Rd.
3.2 58.	_	R	Tassajara Ranch Drive
0.2 58.	_	R	Diablo Vista Park END
v.2 Jo.	~	11	Diano Tiota i dili Lito